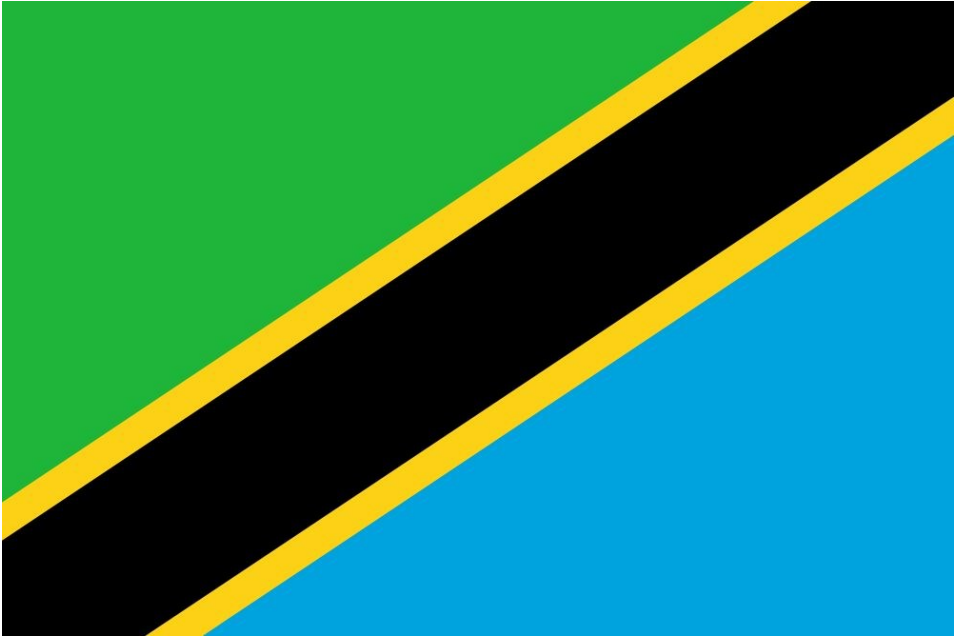


TANZANIA ROOTS & CULTURE TOUR
NOVEMBER 17 - 28, 2022
THE JOURNEY OF A LIFETIME TOUR BOOK



Africa for the Africans
Tours & Investments

www.africafortheafricans.org



**Tanzania Roots & Culture Tour
November 17 – 28, 2022
The Journey of a Lifetime Tour Book**

**Designed & Produced by
Bomani Tyehimba for
Bomani Technology
Service–Support–Consultation
www.bomaniitservices.com**

**This Journey to the motherland is inspired by
the vision of Marcus Garvey to reconnect the
African Diaspora to the African Continent**

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MISSION STATEMENT:
**Reconnecting Africans in the Diaspora to our motherland
for Repatriation and Pan-Africanism**

Our name "Africa for the Africans," was taken from words spoken by the honorable *Marcus Mosiah Garvey* over 90 years ago who taught us that African people all over the Diaspora are one people and that the continent of Africa belongs to us.

Our mission is to reconnect our people with the Motherland, Africa. Our main tool to accomplish this is through tours. This has proved to be the most effective way to dispel the myths and negative propoganda that keeps Africa divided. Once you go, you know!

We see Africa as the only viable option for the future survival of African people. This position is supported by the world's dependency on the natural resources in Africa (which are currently being controlled by non-Africans), the treatment of Africans outside of Africa, and lastly by the call that Mother Africa has made to all her displaced children in the Diaspora to come home; hence the investment portion of the company is designed to bring about a self sufficient Africa by linking the skills and resources of Africans in the Diaspora with projects, investment opportunities and like-minded brothers and sisters on the continent.

In order for Africans to thrive and survive the war being waged against us globally, we must build a home base of power in Africa. We are at a very critical stage of our existence; it is Repatriation and Pan-Africanism or perish.

Press Release

Africa for the Africans is a black-owned, Atlanta based international business enterprise, specializing in Africa tours and investment services. The African slave trade completely divided our people globally and as a result we have been disconnected from our authentic roots and culture. Since 2006, *Africa for the Africans Tours & Investments* has been dedicated to empowering Africa as a home base for people of African ancestry around the world.

***Africa for the Africans Tours & Investments* revitalizes Africans throughout the Diaspora with a renewed cultural, economic and historical connection with our motherland —the African continent — and a mission to foster lasting relationships with our African family: a vision inspired by the Honorable Marcus Garvey, who coined the phrase “Africa for the Africans” to encourage a black nation and ownership of land outside of America. Africa for the Africans’ vision has guided hundreds of people yearning to be exposed to opportunities in Africa. Our tours are intended to enlighten, stimulate and create nothing less than life changing experiences through investment forums, social network gatherings and repatriation services for all of our travelers.**

From humbling historical landmarks to the bustling market-places, we nurture and guide our groups through a colorful and emotional journey. Tour patrons are exposed to the many investments, land/home ownership opportunities that exist in Africa, as well as opportunities to experience “the gift of giving” by delivering valuable school supplies, toys and clothing to children’s orphanages and schools during the tour. Our familial vibe and energy transforms our tours into something much more than a vacation package.

Africa for the Africans is a fully fledged cultural movement. Sankofa and come experience Africa’s culture, night life, shopping, networking, business, investment opportunities and more on our upcoming tours to Tanzania Senegal, The Gambia, Ghana and more African heritage expeditions.

Previous Tours



Tanzania Roots & Culture Tour Nov 2021



Tanzania Roots & Culture Tour Nov 2020



**AKOBEN
“WAR HORN”
SYMBOL OF VIGILANCE**



HERO DEDICATION



To the youth in pursuit of
truth and clarity
To those committed to family
To those in search of their
African identity
To those engaged in
Re-Africanization
To the warrior builders
To the mothers and foremothers
To the fathers and forefathers
To those committed to
righteous thought and
righteous action
To those committed to the
vision of a sovereign nation and
African world community
To the teachers and facilitators in
African-centered
independent institutions



Prophet & Pan-African Visionary Marcus Garvey 1887-1940



Born Marcus Mosiah Garvey, Jr. August 17, 1887 in Saint Ann's Bay, Jamaica and died June 10, 1940 at age 52 in London, England, UK. He was a Jamaican political leader, publisher, journalist, entrepreneur, and orator who was a staunch proponent of Black Nationalism and the Pan-Africanism movement, to which end he founded the Universal Negro Improvement Association and African Communities League (UNIA-ACL). He founded the Black Star Line, which promoted the return of the African diaspora to their ancestral lands. Garvey's father had a large library, and it was from his father that Marcus gained his love for reading. He attended elementary schools in St. Ann's Bay during his youth. While attending those schools, Garvey first began to experience racism. In 1907, he took

part in an unsuccessful printer's strike and the experience kindled in him a passion for political activism. In 1910, Garvey left Jamaica and began traveling throughout the Central America.

Over time, Marcus Garvey became influenced by many civil rights activist of his time. He ultimately combined the nationalist ideas of other Pan-African like Booker T. Washington. This was accomplished with the political possibilities and urban style of men and women living outside of plantation and colonial societies. After years of working in the Caribbean, Garvey left Jamaica to live in London from 1912 to 1914, where he attended Birkbeck College, taking classes in law and philosophy. He also worked for the African Times and Orient Review, published by Dusé Mohamed Ali, who was a considerable influence on the young man. Garvey sometimes spoke at Hyde Park's Speakers' Corner.

In 1914, Garvey returned to Jamaica, where he organized the UNIA. "I should name the organization the Universal Negro Improvement Association and African Communities (Imperial) League. Such a name I thought would embrace the purpose of all black humanity." Thus to the world a name was born, a movement created, and a man became known.

On May 9, 1916, he held his first public lecture in New York City at St Mark's Church in-the-Bowery and undertook a 38-state speaking tour. The next year in May 1917, Garvey and thirteen others formed the first UNIA –ACL division outside Jamaica. They began advancing ideas to promote social, political, and economic freedom for black people.

The Legacy of Marcus Garvey 1887-1940

Garvey worked to develop a program to improve the conditions of ethnic Africans "at home and abroad," under UNIA auspices. On August 17, 1918, he began publishing the *Negro World* newspaper in New York, which was widely distributed. He used *The Negro World* as a platform for his views to encourage growth of the UNIA. By June 1919, the membership of the organization had grown to over two million. By August 1920, the UNIA claimed over four million members. That month, the International Convention of the UNIA was held. With delegates from all over the world attending, 25,000 people filled Madison Square Garden on August 1, 1920 to hear Garvey speak. Over the next couple of years, Garvey's movement was able to attract an enormous number of followers. Reasons for this included the cultural revolution of the Harlem Renaissance, the large number of West Indians who immigrated to New York, and the appeal of the slogan "One Aim, One God, One Destiny."

Garvey also established the business, *The Negro Factories Corporation*. He planned to develop the businesses to manufacture every marketable commodity in every big U.S. industrial center, as well as in Central America, the West Indies, and Africa. Related endeavors included a grocery chain, restaurant, publishing house, and other businesses.

Convinced that black people should have a permanent homeland in Africa, Garvey sought to develop Liberia. It had been founded by the American Colonization Society in the 19th century as a colony for free blacks from the United States. Garvey launched the Liberia program in 1920, intended to build colleges, industrial plants, and railroads as part of an industrial base from which to operate. He abandoned the program in the mid-1920s after much opposition from European powers with interests in Liberia.

The UNIA held an international convention in 1921 at New York's Madison Square Garden. Also represented at the convention were organizations such as the Universal Black Cross Nurses, the Black Eagle Flying Corps, and the Universal African Legion. Garvey attracted more than 50,000 people to the event and in his cause. The UNIA had 65,000 to 75,000 members paying dues to his support and funding. The national level of support in Jamaica helped Garvey to become one of the most influential leaders of the 20th century on the island.

In 1922, he married Amy Jacques Garvey, who was working as his Secretary General. They had two sons together: Marcus Mosiah Garvey, III (born 17 September 1930) and Julius Winston (born 1933). Amy Jacques Garvey played an important role in his career, and would become a lead worker in Garvey's movement.

Marcus Garvey and three other UNIA officials were charged with mail fraud involving the Black Star Line. In January 1922, after thousands of brochures had been mailed to supporters, Garvey was arrested on mail fraud.



The Legacy of Marcus Garvey 1887-1940

While on bail, he continued to maintain his innocence, travel, speak and organize the UNIA. On June 23, 1923, Garvey was convicted and sentenced to prison for five years. After numerous attempts at appeal were unsuccessful, he was taken into custody and began serving his sentence at the Atlanta Federal Penitentiary on February 8, 1925. Two days later, he penned his well known "First Message to the Negroes of the World from Atlanta Prison", wherein he made his famous proclamation: "Look for me in the whirlwind or the storm, look for me all around you, for, with God's grace, I shall come and bring with me countless millions of black slaves who have died in America and the West Indies and the millions in Africa to aid you in the fight for Liberty, Freedom and Life.

Upon his release in November 1927, Garvey was deported via New Orleans to Jamaica, where a large crowd met him at Orrett's Wharf in Kingston. Though the popularity of the UNIA diminished greatly following Garvey's expulsion, he nevertheless remained committed to his political ideals.

In 1928, Garvey traveled to Geneva to present the Petition of the Negro Race. This petition outlined the worldwide abuse of Africans to the League of Nations. In September 1929, he founded the People's Political Party (PPP), Jamaica's first modern political party, which focused on workers' rights, education, and aid to the poor.

Garvey continued his political activism and the work of UNIA in Jamaica, and then moved to London in 1935. But he did not command the same influence he had earlier. Garvey died in London on June 10, 1940, at the age of 52, having suffering several strokes. In 1964, his body was returned to Jamaica where he was declared the country's first national hero and re-interred him at a shrine in the National Heroes Park.

Garvey's memory is maintained in several locations in Africa. Nairobi, Kenya and Enugu, Nigeria have streets bearing his name, while the township of Khayelitsha, Cape Town, South Africa, put his name on an entire neighborhood. Yenagoa, Bayelsa State, Nigeria has a library named for him. A bust of Garvey was created and is on display at a park in the central region in Ghana, along with one of Martin Luther King.

A few of Marcus Garvey famous quotes.

"If you have no confidence in self, you are twice defeated in the race of life."
"With confidence, you have won even before you have started."

"Action, self reliance, the vision of self and the future have been the only means by which the oppressed have seen and realize the light of their own freedom"

"A people without the knowledge of their past history, origin and culture is like a tree without roots."

"Liberate the minds of men and ultimately you will liberate the bodies of men."

Kwame Nkrumah named the national shipping line of Ghana the Black Star Line in honor of Marcus Garvey and the UNIA. Nkrumah also named the national soccer team the Black Stars as well. The black star at the center of Ghana's flag is also inspired by the Garvey.

ABOUT TANZANIA

Local languages have over taken former colonial languages in Tanzania. English is still the official language in the courts, it has recognition. Swahili is Tanzania's unifying language. Most Tanzanians first learn their tribal language and English and Swahili are learned later.

Tanzania's real gross domestic product (GDP) grew by 7.1% in 2017 according to official statistics. Official release of quarterly 2018 growth data is pending due to an on-going GDP rebasing exercise. Growth in 2017 was supported by expansion in both the industrial and agriculture sectors. Improvement in infrastructure and relatively stable power supply facilitated the expansion in the industrial sector while favorable weather conditions supported increased crop production. Growth in the services sector slowed, for example in public administration as public recurrent spending was held in check.

Supported by lower food prices, the inflation rate has continued to decline, reaching 3.3% by the end of July 2018. The external balance has strengthened, with a lower current account deficit caused by a decline in imports outstripping the decline in exports. Gross foreign reserves remain high at \$5.5 billion in June 2018, sufficient to cover 5.6 months of imports. Monetary policy has been accommodative, however credit growth to the private sector has remained below 5% since June 2017. The financial sector remains broadly stable with adequate capitalization and liquidity ratios.

The fiscal deficit remained low in 2017/18 at 2.1% of GDP, slightly higher than the 1.5% of GDP recorded in 2016/17. Total expenditures increased from 18.3% of GDP to 18.6% of GDP during the fiscal year, however execution of the development budget continued to be low at about 65% in 2017/18. Behind the low headline deficit, fiscal policy implementation has been challenged by a high level of central government payment arrears, topping 5% of GDP in June 2018.

Regions and Districts: There are 26 regions in the country, with 21 on the mainland and five in Zanzibar. There are also 99 districts with a local council in each. 114 councils operate in the districts. 22 are classified as city councils, town councils, or municipal courts.

Geography: Tanzania has a total area of 847,300 sq. km. The northeast is mountainous and is the location of Mount Kilimanjaro, the highest peak in Africa. The Great Lakes of Lake Victoria and Lake Tanganyika are in the north and west. A large plateau is situated in central Tanzania. The eastern shore's weather is hot and humid.

Climate: There is a tropical climate in Tanzania. Temperature varies in the highlands. The hottest time periods are from November to February. There are two major rainfall seasons. The first is from December to April and the other is from October to December and has a second phase from March to May.

Environment: There is considerable wildlife habitat in the country. On the Serengeti, the white-bearded wildebeest and other similar animals migrate annually. The journey to forage during the dry seasons causes 250,000 to perish yearly. Several other endemic species also are present in Tanzania.

A Biodiversity Action Plan has been developed to address conservation.

Special Reminders

- People are very friendly! However, be wary of people who just want to make quick money off you and make promises they cannot keep. You should know as much as possible about the people you are planning to do business with.
- Please focus on enjoying yourself and accomplishing your mission. Do not get distracted by others or get caught up in complaining. This is an experience that will have its ups and downs; it's a part of your introduction to Africa. We recommend you go with the flow and enjoy your time in paradise around the wonderful itinerary that we have put together on this Journey of a Lifetime.
- When you visit do not come with a romanticized notion about Africa or you will be disappointed and unnecessarily frustrated. Come with open eyes and an open mind, knowing that Tanzania is a developing nation. There is much to do and we can be a positive and contributory part of it. Keep in mind that Africa is not America or Europe, nor do we want it to be. We are Mother Africa's children returning home and we want to be part of Mother Africa's growth and development.
- You can give additional tips to anyone who gives you great services or whoever you choose. The tips collected for hospitality services that will be provided in Africa is basic tips for all Africa staff including drivers, Guides at all sites, Hotel staff, and Entertainment. All other services that may be provided on this tour are a tip, depending on the situation, based on the services you get.
- During long trips, use rest room at hotels and, rest room stops. Limit liquid drinking on the bus. In case of emergency, notify the tour guide, so he can tell the driver to stop the bus ASAP.
- No outburst or distraction in group setting. If you need to talk about something let a staff member know.
- Please do not interrupt others from enjoying their journey.
- The last 2 days are light on the itinerary. Use the itinerary as a detailed reminder of the schedule including check out time, baggage arrangements, meals and airport departure.
- Participate in group pictures when we give the call, organize as best as possible, to make sure we have good group pictures of our journey.
- This is a very cultural and spiritual journey; please keep all negative energy away. Focus on the blessings of being on a beautiful journey in Africa.

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MEET THE TEAM

Bomani Tyehimba

Director of Africa for the Africans Tour Leader & Organizer



Although Bomani's birth name is Oneal Brown, out of respect for his ancestors and being conscious of his African roots and culture, he took on an African name Bomani Tyehimba, given to him by his Community in Atlanta. He was born Oct. 31, 1977 in Kingston, Jamaica and at the age of 11, he moved to Brooklyn, NY in 1988 with his family. He graduated Brooklyn's Transit Tech High School in June 1995, majoring in Electronic Installation and Practice.

Bomani worked as an Aircraft Technician in the US Navy & Reserve for over five years. He continued his Aviation expertise as a FAA Certified Airframe & Power Plant Aircraft Technician, and FCC GROL

Electronic Technician. He has used these professional certifications and skills to work with Delta Airlines & Delta Connections in Atlanta, totaling more than seven years combined. His additional certifications include: CompTia A+, Network+ and Security+ IT Technician.

Bomani is a former senior at Embry Riddle Aeronautical University in Atlanta, GA. He is incomplete on his Bachelors of Science degree in Aeronautics with a minor in Business Administration and Aviation Safety. Bomani is also working on an independent study project which includes all of the aspects of Sustainable Living, enabling him to utilize these models in Ghana, throughout Africa, the Caribbean and the world.

Since March 2004, he has organized tours and made video documentation of these expeditions that cover Senegal, Egypt, South Africa, Kenya, England, the Gambia, Ghana, Togo, Benin Ethiopia and Brazil. In April 2004, he toured various cities in Egypt lead by Dr. Ronoko Rashidiand also produced a documentary of that experience. Now in Nov 2020 Bomani is expanding operations to do tours in Tanzania. This is his 10th African Country visiting and first time to Tanzania.

Bomani is the Director of Africa for the Africans, a Tour and Investment Corporation, which he established in October 2006. Its mission is to reconnect Africans in the Diaspora to the motherland for Repatriation and Pan-Africanism. The tours enable participants to experience the real Africa with a mix of roots, culture, paradise, night life, shopping, networking, business, investment opportunities and more.

MEET THE TEAM

Future plans include: expansion into an international corporation in Ghana, **specializing in Africa Tours, Investments, Real Estate, Information Technology & Business Services, and Sustainable Living.**

This means more opportunities to do business in Africa will be offered enabling everyone to collectively contribute to building a strong black nation. Visit our website for upcoming Tours to Senegal, The Gambia, Tanzania, Ghana and more of Africa. See You in the motherland! www.africaforthef Africans.org

Bomani is also the Director and an IT Technician for Bomani's IT Service and Consultation, founded in February 2005, specializing in Professional Technology & Business Solutions. This includes: Business Startup & Development, Affordable Technical Service on Laptops, Desktops, Printers & Wireless Networks, PC Clean-up, Repairs, Upgrades, Custom Built PCs, Networking, Tech Support, Troubleshooting, Website Development, Training, Video Production, Graphics Design, Data Backup, Data Recovery, Remote Access, Home Theater Setup and more.

www.bomaniitservices.com

Throughout his journey of conscious connection with his roots and Culture, he felt it was his destiny to dedicate his life to the building and development of a strong black nation. He believes we must make a connection with our motherland, Africa, as a functional part of our lives; and that we must empower Africa as the home base for the black nation to guide and protect our global black interest. Africa for the Africans has built a network of brothers and sisters in Africa and the Diaspora so that we can all work together progressively and strive to create a self-sufficient and united Pan-African nation.



MEET THE TEAM



Bomani Dakari Tyehimba Brown **Tour Assistant**

Bomani Dakari Tyehimba Brown was born June 8, 2010 in Atlanta, Georgia. He is the only child of his father Bomani Tyehimba. Since birth he has been introduced into a unique world of International business in Africa and advanced Information Technology. Bomani Dakari has had a vast experience of traveling at an early age. He got his first passport at 6 months old. He traveled for the first time when he was two years old accompanying his parents on the October 2012 Ghana Tour. He went back to Ghana twice in 2013 when he was 3 years old. In 2014 he went to Jamaica in February and May to meet his father's family in Kingston. He went to Turks and Caicos on his summer vacation in 2014. His

last Journeys to Africa were Ghana May 2022, Ghana Dec 2021, Tanzania Nov 2021, Ghana May 2021, Senegal & The Gambia April 2021, Ghana Dec 2020, Tanzania Nov 2020. He is now 12 years old in the 7th grade. He has been to Ghana 13 times but this will be his third time going to Tanzania. He just got his 3rd passport in 2021. He is now ready to be a staff member. Bomani Dakari loves using his gaming laptop and Desktop to become more proficient in information System Technology. He does his Architectural designs in video games like Roblox, Minecraft and the SIMs 4. With these skills he is looking to become an Architect, Actor and Animator. He also enjoys reading, skateboarding, swimming and riding his bike with his friends.



MEET THE TEAM





LEGACY EXCHANGE SAFARIS



Tour Guide Malley S. Gwandu has been involved in conservation, game farm management and guiding for a many years, but focusing on specialized guiding in Tanzania for almost 20 years. With a Diploma in Wildlife Safari Tour guiding and Nature, Malley is an enthusiastic guide with a vast amount of knowledge to share with his safari guests. Also having grown up near Ngorongoro Conservation area at Karatu in Tanzania, allows Malley to give guests the bigger picture of African safari. This makes travelling with him an interesting journey. While Safari guiding is his passion, Malley has also worked with Odysseys unlimited for 4 years and became the best Tour Director twice. Malley' words: You have got to be at the right place, at the right time for the perfect viewing and enjoyment during your Holiday. I will try to make that happen, and have a memorable experience in life time. May the memories of an unforgettable Tanzania safari experience remain in your hearts and thoughts For a very long time to come.

LEGACY EXCHANGE TOURS & SAFARIS



Eugen Malley Simon CEO of LEGACY EXCHANGE SAFARI'S

A native **Tanzanian**, **Eugen** was born and raised in the small village of Karatu, the gateway to the world-famous Serengeti National Park and Ngorongoro Crater and Conservation Area. As a young boy Eugen connected with and learned from the many tourists who visited his community on their way to the parks. These events inspired his passion for tourism, to create meaningful connections to Tanzania's beautiful places and cultures for visitors to his home country. Since then, Eugen's extensive experience in the tourism and hospitality industry has seen him working in a variety of facets: hotels, camps, as a trip leader and now currently with the national tourism authority. Culminating in the comprehensive knowledge and experience he has today. Eugen has a special connection with the tourists who visit his home. It was two American tourists who saw Eugen's potential as a young man and supported his professional studies. With their assistance, he has achieved his dream of establishing his own safari business, which will allow him to continue to support the next generation's involvement in tourism. Eugen graduated from St Johns University of Tanzania with a MBA in Marketing. His educational background and journey in the tourism industry is what inspires the focus of Legacy Exchange Safaris, to bring the world together with the mission of ***"Together We Create the Change"***

ENGLISH to KISWAHILI LANGUAGE TRANSLATION

Kiswahili is the most widely spoken language in sub-Saharan Africa, and acts as the common tongue for most East Africans (although it's not necessarily their first language). In Kenya and Tanzania, Kiswahili is an official language alongside English, and primary school children are usually taught in Kiswahili. Many Ugandans understand some Kiswahili, although it's rarely spoken outside the capital, Kampala. The official language of the Comoros Islands is often classified as a dialect of Kiswahili.

If you're traveling in Rwanda or Burundi, French will probably get you further than Kiswahili, but a few words here and there should be understood and the effort will be appreciated. Kiswahili is also spoken in parts of Malawi, Zambia, the DRC, Somalia, and Mozambique. The 2019 edition of the reference publication *Ethnologue* estimates that dialects of Kiswahili are spoken as a first language by roughly 16 million people, and that over 82 million people speak it as a second language. This makes Kiswahili the 14th-most widely spoken language in the world.

Kiswahili may date back several thousand years, but it developed into the language we hear today with the arrival of Arab and Persian traders on the East African coast between 500 - 1000 AD. Swahili is a word the Arabs used to describe "the coast" and only later did it come to apply to East African coastal culture specifically. In Swahili, the correct word to describe the language is *Kiswahili* and the people who speak Kiswahili as their mother tongue may call themselves *Waswahilis*. Although Arabic and indigenous African languages are the main inspiration for Kiswahili, the language includes words derived from English, German, and Portuguese. Learning to Speak Kiswahili is a relatively simple language to learn, mostly because words are pronounced as they are written. If you wish to expand your Kiswahili beyond the basic phrases listed below, there are several excellent online resources for doing so. Check out the Kamusi Project, a vast online dictionary that includes a pronunciation guide and a free Kiswahili-English dictionary app for Android and iPhone.

Travlang allows you to download audio clips of basic Kiswahili phrases, while Swahili Language & Culture offers a course of lessons that you can complete independently via CD. Another great way to immerse yourself in Kiswahili culture is to listen to in-language broadcasting from sources like BBC Radio in Kiswahili, or Voice of America in Kiswahili. If you would rather learn Kiswahili upon arrival in East Africa, consider attending a language school course. You'll find them in most major towns and cities in Kenya and Tanzania; just ask your local tourist information center, hotelier, or embassy. However, you choose to learn Kiswahili, make sure to invest in a phrasebook, because no matter how much you study, you're likely to forget everything you've learned the first time you're put on the spot.

English	Kiswahili
Welcome	Karibu (sg)
Hello (General greeting)	Habari (inf)
How are you?	Habari (inf)
Reply to 'How are you?'	Nzuri (reply to Habari)
What's your name?	Jina lako ni nani?
My name is ...	Jina langu ni ...
Where are you from?	Unatoka wapi?
I'm from ...	Natoka ...
Pleased to meet you	Nafurahi kukuona
Good morning	Habari ya asubuhi
Good afternoon	Habari ya mchana
Good evening (Evening greeting)	Habari ya jioni
Good night	Usiku mwema
	Lala salama (sleep well)
Goodbye	Kwaheri
Good luck!	Kila la kheri!
Cheers! Good Health!	Maisha marefu!
(Toasts used when drinking)	Afya! / Vifijo!
Have a nice day	Nakutakia siku njema!
Bon appetit /	Ufurahie chakula chako (sg)
Have a nice meal	Furahieni chakula chenu (pl)
	Chakula chema
Bon voyage /	Safari njema!
Have a good journey	Safari salama
Do you understand?	Unaelewa?
I understand	Naelewa
I don't understand	Sielewi
I don't know	Sijui
Please speak more slowly	Tafadhali sema polepole
Please write it down	Waweza kuiandika?
Do you speak English?	Unazungumza Kingereza?
Do you speak Swahili?	Unazungumza Kiswahili?
Yes, a little	Ndiyo, kidogo tu

See more English to Kiswahili translations on page 24 and 25

ENGLISH to KISWAHILI LANGUAGE TRANSLATION

Civilities

- Yes: *ndiyo*
 - No: *hapana*
 - Thank you: *asante*
 - Thank you very much: *asante sana*
 - Please: *tafadhali*
 - OK: *sawa*
 - Excuse me: *samahani*
 - You're welcome: *starehe*
 - Can you help me?: *tafadhali, naomba msaada*
 - What is your name?: *jina lako nani?*
 - My name is: *jina langu ni*
 - Where are you from?: *unataka wapi?*
 - I'm from: *natokea*
 - May I take a picture?: *naomba kupiga picha*
 - Do you speak English?: *unasema kiingereza?*
 - Do you speak Swahili?: *unasema Kiswahili?*
 - Just a little bit: *kidogo tu*
 - How do you say... in Swahili?: *unasemaje... kwa kiswahili*
 - I don't understand: *sielewi*
- Friend: *Rafiki*

Food and Drinks

- I'd like: *nataka*
- Food: *chakula*
- Hot/cold: *ya moto/baridi*
- Water: *maji*
- Hot water: *maji ya moto*
- Drinking water: *maji ya kunywa*
- Soda: *soda*
- Beer: *bia*
- Milk: *maziwa*
- Meat: *nyama*
- Chicken: *nyama kuku*
- Fish: *samaki*

Getting Around

- Where is the...?: *ni wapi...?*
 - Airport: *uwanja wa ndege*
 - Bus station: *stesheni ya basi*
 - Bus stop: *bas stendi*
 - Taxi stand: *stendi ya teksi*
 - Train Station: *stesheni ya treni*
 - Bank: *benki*
 - Market: *soko*
 - Police station: *kituo cha polisi*
 - Post office: *posta*
 - Tourist Office: *ofisi ya watali*
 - Toilet/ bathroom: *choo*
 - What time is the... leaving?: *inaondoka saa... ngapi?*
 - Bus: *basi*
 - Minibus: *matatu (Kenya); dalla dalla (Tanzania)*
 - Plane: *ndege*
 - Train: *treni/gari la moshi*
 - Is there a bus going to...?: *kuna basi ya...?*
 - I'd like to buy a ticket: *nataka kununua tikiti*
 - Is it near: *ni karibu?*
 - Is it far: *ni mbali?*
 - There: *huko*
 - Over there: *pale*
 - Ticket: *tikiti*
 - Where are you going?: *unakwenda wapi?*
 - How much is the fare?: *nauli ni kiasi gani?*
 - Hotel: *hoteli*
 - Room: *chumba*
 - Reservation: *akiba*
 - Are there any vacancies for tonight?: *mna nafasi leo usiko?*
(Kenya: *iko nafasi leo usiku?*)
 - No vacancies: *hamna nafasi. (Kenya: hakuna nafasi)*
- How much is it per night?: *ni bei gani kwa usiku?*



GYNAME
“EXCEPT FOR GOD”
SUPREMACY OF GOD

Do's

- ◆ **Come with open eyes and an open mind, knowing that Tanzania is a developing nation. There is much to do and we can be a positive and contributory part of it. Keep in mind that Africa is not America or Europe, nor do we want it to be.**
- ◆ **Do drink plenty of bottled H₂O.**
- ◆ **Do wear light weight clothing.**
- ◆ **Use adapters for your electrical appliances.**
- ◆ **Protect your passport.**
- ◆ **Do secure your money in multiple locations within your luggage.**
- ◆ **Only eat at sites outlined by the Tour Leader. (The food in Africa is superb. Be sure to be open minded, it is considered rude for you to make a face. If something does not agree with your taste buds, simply push it to the side.) The fresh fruits and vegetables taste significantly different and food portions are much smaller from those in America.**
- ◆ **Do take advantage of the breakfast that will be prepared each morning.**
- ◆ **Do maintain an open mind.**
- ◆ **Secure your money properly and be aware of pickpockets in crowded places.**
- ◆ **Do greet others before requesting any service.**
- ◆ **Do remember that it takes longer to move a group than an individual, so be patient.**



ADINKRAHENE
“CHIEF OF THE ADINKRA
SYMBOL”
SYMBOL OF GREATNESS,
CHARISMA AND LEADERSHIP

Don'ts

- ◆ **Do not come with a romanticized notion about Tanzania or you will be disappointed and unnecessarily frustrated.**
- ◆ **Don't expect to find things the same as in the U.S/ Diaspora.**
- ◆ **Never drink unbolted water nor use ice cubes.**
- ◆ **Never take pictures of the airport, police nor military personnel.**
- ◆ **Never take pictures of anyone unless you ask permission, and please be prepared to tip.**
- ◆ **Never cross your legs in a house of worship or in front of a Chief , or a person of higher status or rank—this is considered very offensive.**
- ◆ **Do not let other travelers get on your nerves. (Just take a deep breath and relax, YOU'RE IN AFRICA!)**
- ◆ **Do not judge the people of Tanzania.**
- ◆ **Never use the American circular finger and thumb “OK” sign as this is considered obscene.**
- ◆ **Never ask a anyone “Are you crazy or mad?” It is a big insult —almost unforgivable.**
- ◆ **Never wave with your left hand (this is considered offensive).**

TOUR OVERVIEW

AFRICA FOR THE AFRICANS

PRESENTS

TANZANIA ROOTS & CULTURE TOUR

November 17-28, 2022

Package 1: \$4,000 for Full Accommodations and Round-trip Flights from USA (Your State) on Delta / KLM Airlines to Kilimanjaro, Tanzania. Domestic flight on Air Tanzania from Kilimanjaro to Zanzibar Island.

Package 2: \$2,500 for Accommodations Only with No Flights. You are responsible to purchase your own Airline tickets.

Additional \$500 for Single supplement (for those who want a room alone).

Tour Includes

- Ø VIP Ferryboat Ride from Zanzibar to Dar es Salaam
- Ø Transportation and Tours throughout Tanzania
- Ø Daily Continental Breakfast and Gourmet Dinner
- Ø 3 & 4 Star Hotel Accommodations Double Occupancy
- Ø Entrance and Access to all Sites and Activities
- Ø Daily Exercise and Meditation Sessions
- Ø Certified English Speaking Tour Guides

Not Included

- Ø \$50 Group Tips, No Lunch and Any Camera/Camcorder Fees at Sites
- Ø Beach Resort Massages and Individual Beach Activities

ARUSHA, TANZANIA 4 NIGHTS

- Ø Arusha National Park
- Ø Mount Meru Volcano
- Ø Arusha City Tour
- Ø Community School Supply Donations
- Ø Arusha Natural History Museum
- Ø Arusha Declaration Museum
- Ø Shopping at Maasai Arts and Craft Center
- Ø Lodging at Kibo Palace Hotel

www.kibopalacehotel.com

ZANZIBAR ISLAND, TANZANIA 3 NIGHTS

- Ø Stone Town City Tour
- Ø Old 17th-Century Fort
- Ø The House of Wonders or Palace of Wonders
- Ø People Palace Museum
- Ø Forodhani Gardens Food Market
- Ø African Holocaust and Arab Slave Trade
- Ø Swimming, Beach Activities, Boating and Watersports
- Ø Lodging at Amaan Beach Resort

www.oceangrouphotel.com/amaan-bungalows

DAR ES SALAAM, TANZANIA 2 NIGHTS

- Ø Dar es Salaam City Tour
- Ø National Museum
- Ø Karibu Arts Gallery
- Ø Kariakoo Market
- Ø Village Museum
- Ø Networking with African Diasporans Living and Doing Business around Tanzania/ Africa
- Ø Lodging at Protea Hotel Dar es Salaam Courtyard

www.marriott.com/hotels/travel/darco-protea-hotel-dar-es-salaam-courtyard

TOUR ITINERARY 1-3

AFRICA FOR THE AFRICANS

PRESENTS

TANZANIA ROOTS & CULTURE TOUR

November 17-28, 2022

Welcome to the journey of a lifetime everyone. Join us for a real cultural experience on an incredible tour of Tanzania in East Africa. These are 3-cities throughout Tanzania including Zanzibar Island, Arusha and Dar es Salaam. Do not miss this opportunity to reconnect with our people and land to enjoy paradise in the tropics. This the perfect getaway which includes, networking with the group, learning about the roots, culture, repatriation, investment opportunities and more. Africa is the future; see you in the motherland.

DAY 1 THURSDAY NOV 17 DEPART ATLANTA to AMSTERDAM

Meet and greet 2:00 PM at Amsterdam departure gate at the International Terminal at Hartsfield-Jackson Airport in Atlanta, Georgia. Flight departs at 3:55 PM on Delta/KLM Airlines flight # DL9667 to Amsterdam, Netherlands.

DAY 2 FRIDAY NOV 18 AMSTERDAM to KILIMANJARO, TANZANIA

Arrive at 6.45 AM at Amsterdam Schiphol Airport. Meet and greet 8:00 AM at Tanzania departure gate in Amsterdam Airport. Flight departs at 10:35 AM on KLM Airlines flight # KL0573 to Kilimanjaro Airport, Tanzania and arrive at 8.50 PM. Transfer for a 1-hour drive to Arusha to get settled for the journey. Overnight at Palace Hotel Arusha. www.palacehotelarusha.com

DAY 3 SATURDAY NOV 19 MAASAI ARTS CENTER- ARUSHA DECLARATION & NATURAL MUSEUM

9AM departure for city tour. Shopping at Maasai Arts and Craft Center. Tour the Arusha Declaration Museum, which is located in Northern Arusha along Kaloleni Street. It houses exhibits that display the policy of self-reliance, the struggle for independence, the colonial history and the political development of Tanzania. Tour Natural History Museum located on Boma road. The focus of this museum is the evolution of Man Kind. Within the museum you can also get to know more about natural science research, the discovery of fossils found within the Olduvai Gorge After Lunch Additional Shopping at Arusha Cultural Market. Dinner and various nightlife options. Overnight at Palace Hotel Arusha. www.palacehotelarusha.com

TOUR ITINERARY 2-3

DAY 4 SUNDAY NOV 20 ARUSHA NATIONAL PARK – MOUNT MERU

9 AM Experience Arusha National Park, which covers Mount Meru, a prominent volcano with an elevation of 4566 m, in the Arusha Region of northeastern Tanzania. The Park is small but varied with spectacular landscapes in three distinct areas. Dinner and various nightlife options. Overnight at Palace Hotel Arusha. www.palacehotelarusha.com

DAY 5 MONDAY NOV 21 ARUSHA TANZANITE MUSEUM - SCHOOL SUPPLIES DONATION

9 AM departure to Donate School Supplies to the children in the community, Tanzanite Experience of Precious Gem Museum Tour & Presentation. www.tanzaniteexperience.com/tanzanite-museum/. Optional walking tour of Arusha. This day is also perfect for shopping, leisure and more. Dinner and various nightlife options. Overnight at Palace Hotel Arusha. www.palacehotelarusha.com

DAY 6 TUESDAY NOV 22 ARUSHA to ZANZIBAR ISLAND

Last day in Arusha, prepare for flight to Zanzibar Island. Early wakeup call at 6:00 AM with baggage pickup. Check out of hotel by 6:45 AM. Depart at 7:00 AM for a 20 mins drive to Arusha Airport for a 9:05 AM Departure on Precision Air flight # PA 421 and arrive at Zanzibar International Airport at 10:25 AM. Transfer for a 75 mins drive to the North West side of the island to Nungwi. Enjoy the beautiful getaway setup at the tropical paradise Amaan Beach Resort. Enjoy a full beach day to relax or enjoy the tropical atmosphere. Dinner at Resort with various nightlife options. Overnight at Amaan Beach Resort. www.oceangrouphotel.com/amaan-bungalows

DAY 7 WEDNESDAY NOV 23 ZANZIBAR ISLAND – STONE CITY TOUR – AFRICAN HOLOCAUST and ARAB SLAVE TRADE

8 AM departure for 1-hour drive to Stone Town for a city tour. Visit the old 17th-century fort with souvenir vendors. Tour the House of Wonders (Beit Al Ajaib) one-time Sultan's Palace & Gardens. Tour People Palace Museum, which is a 19th-century palace with exhibitions on the history of Khalifa, bin Harub's Sultanate. Forodhani Gardens Food Market area. East Africa Slave Trade Exhibit including the Old Slave Market/Anglican Cathedral. Final shopping then depart Stone Town for a 1-hour drive back to Nungwi. Dinner and various nightlife options. Overnight at Amaan Beach Resort. www.oceangrouphotel.com/amaan-bungalows

DAY 8 THURSDAY NOV 24 ZANZIBAR ISLAND – BEACH ACTIVITIES

All day beach getaway including swimming, boating, watersports and general beach activities. Dinner and various nightlife options. Overnight at Amaan Beach Resort. www.oceangrouphotel.com/amaan-bungalows

TOUR ITINERARY 3-3

DAY 9 FRIDAY NOV 25 ZANZIBAR ISLAND to DAR ES SALAAM

Check out of hotel by 10:00 AM for a 1-hour drive to Stone Town ferryboat station for a 12:30 PM departure to Dar es Salaam ferryboat station. Arrive at 2:15 PM. Then depart for hotel check in. Afternoon shopping and Leisure. Dinner and various nightlife options. Overnight at Protea Hotel Dar es Salaam Courtyard.

www.marriott.com/hotels/travel/darco-protea-hotel-dar-es-salaam-courtyard/

DAY 10 SATURDAY NOV 26 DAR ES SALAAM CITY TOUR

9 AM departure for full day out for a city tour of the city Dar Es Salaam. This will also include the National Museum, Arts & Frame Gallery and Village Museum. Dinner and various nightlife options. Overnight at Protea Hotel Dar es Salaam Courtyard.

www.marriott.com/hotels/travel/darco-protea-hotel-dar-es-salaam-courtyard/

DAY 11 SUNDAY NOV 27 DAR ES SALAAM CITY - FREE DAY

Free day. No Schedule. You are responsible for your full accommodations on this day only.

DAY 12 MONDAY NOV 28 DAR ES SALAAM to AMSTERDAM to ATLANTA

Final day. Check out of your room by 12 PM and move all bags to the designated departure location. This afternoon is perfect for final shopping, leisure and more. Dinner at 6PM Then depart for 45 minutes' drive to Julius Nyerere International Airport for an 11:59 PM departure on KLM Airlines flight # KL0569 to Amsterdam.

DAY 13 TUESDAY NOV 29 AMSTERDAM to ATLANTA

Arrive at 7:15 AM in Amsterdam November 29. Depart for Atlanta at 9:35 AM on Delta Airlines flight # DL9672 and arrive at 1:15 PM Hartsfield-Jackson Airport in Atlanta, Georgia.

(Note this itinerary may change slightly for logistic and operational efficiency)



PALACE HOTEL ARUSHA



An incredible harmony of shapes and colors, The Palace Hotel, Arusha stands out as a remarkable adventure in hospitality. Set in an ideal landscape for history and art lovers, photo maniacs and walkers The Palace Hotel's exterior is sleek with a unique combination of an "industrial" and a natural look. The stylish interior, however, is in direct contrast – offering a warm, inviting and comfortable feel. The elegant and conspicuous Palace Hotel Arusha stands out against the backdrop of Mount Meru and amidst gardens located between the hotel and the magnificent historical buildings of Regional Commissioner Offices and the AICC, seat of the United Nations in Tanzania. Located in Arusha's central business district, 45 minutes from Kilimanjaro International Airport and 15 minutes from Arusha airport Kisongo the hotel is easily accessible. There is something effortless and relaxed about The Palace Hotel Arusha. Uniquely refreshing in its approach, The Palace Hotel Arusha with its elegantly appointed entrance and reception foyer has committed itself to the 'Green-line' atmosphere of decoration in its finishes.



AMAAN BEACH RESORT ZANZIBAR ISLAND



Amaan Bungalows is a laid-back beach hotel with splendid surroundings, where our friendly staff will do everything they can to ensure that your holiday is not only delightful, but also very special and memorable. Located in Nungwi, a beachfront on the north western tip of the island, with a wide range of facilities and leisure options. Amaan Bungalows embraces families, couples and honeymooners, the 86 guest rooms, including 16 sea view rooms that literally catch the waves at high tide, 32 pool view rooms, 19 deluxe rooms and 19 garden rooms, are set amid a landscaped tropical oasis dotted with coconut palms, shady trees, and sweet-scented flowers. The traditional architecture utilizes local materials from the island, red tiled roofs merged with romantic thatched roofs that meld into the natural beauty, the vista of the dramatic coastline and the rolling surf is spectacular, while the fiery sunsets viewed from here are the best in Zanzibar. Nungwi is home to abundant sea life that makes unparalleled settings for scuba diving, snorkelling and deep sea fishing.

www.oceangrouphotel.com/amaan-bungalows



PROTEA HOTEL DAR ES SALAAM COURTYARD



Protea Hotel Courtyard is in Dar es Salaam, the financial hub of Tanzania. The Julius Nyerere International Airport is 7.5 miles from the hotel. It features a swimming pool and a fitness center. Each individually decorated room is air-conditioned and has a garden and pool view. It includes a flat-screen satellite TV and the private bathroom has a shower with free toiletries. Langi Langi is the hotel's multicuisine restaurant, Open house is a 24-hour coffee shop at Protea Courtyard and Jahazi Bar offers 24-hour room service. Local attractions include the National Museum and House of Culture, which is a 5-minute drive away, and Mbudya Island, 13 miles away. The hotel is just over 1 miles from the center of the city, across from the Presidential Palace.

<https://www.marriott.com/hotels/travel/darco-protea-hotel-dar-es-salaam-courtyard/>



ARUSHA REGION AND CITY



Arusha city, Tanzania is the country's safari capital located in the north of the country. It has a population of 427,185 plus 323,198 in the surrounding Arusha District (2012 census). This city is located on a plateau in the Great Rift Valley amidst the Serengeti plains, Ngorongoro Crater, Lake Manyara, Tarangire National Park, and Mount Kilimanjaro.

Arusha is a small town nestled in the shadow of Mount Meru with commanding views of the mighty Mount Kilimanjaro. Although Dar es Salaam is larger, Arusha tends to be visited more by tourists as it is the gateway to the northern safari circuit to Serengeti, Ngorongoro, Lake Manyara, Tarangire and Arusha National Park. The closer park to this City is Arusha National park.

Arusha Region is one of Tanzania's 31 administrative regions. Its capital and largest city is the city of Arusha. The region is bordered by Kajiado County and Narok County in Kenya to the north, the Kilimanjaro Region to the east, the Manyara and Singida regions to the south, and the Mara and Simiyu regions to the west. Major towns include Monduli, Namanga, Longido, and Loliondo to the north, Mto wa Mbu and Karatu to the west, and Usa River to the east. The region is comparable in size to the combined land and water areas of the United States state of Maryland.

Arusha Region is a tourist destination and is the center of the northern Tanzania safari circuit. The national parks and reserves in this region include Ngorongoro Conservation Area, Arusha National Park, the Loliondo Game Controlled Area, and part of Lake Manyara National Park. Remains of 600-year-old stone structures are found at Engaruka, just off the dirt road between Mto wa Mbu and Lake Natron. With a HDI of 0.721, Arusha is one among the most developed regions of Tanzania.

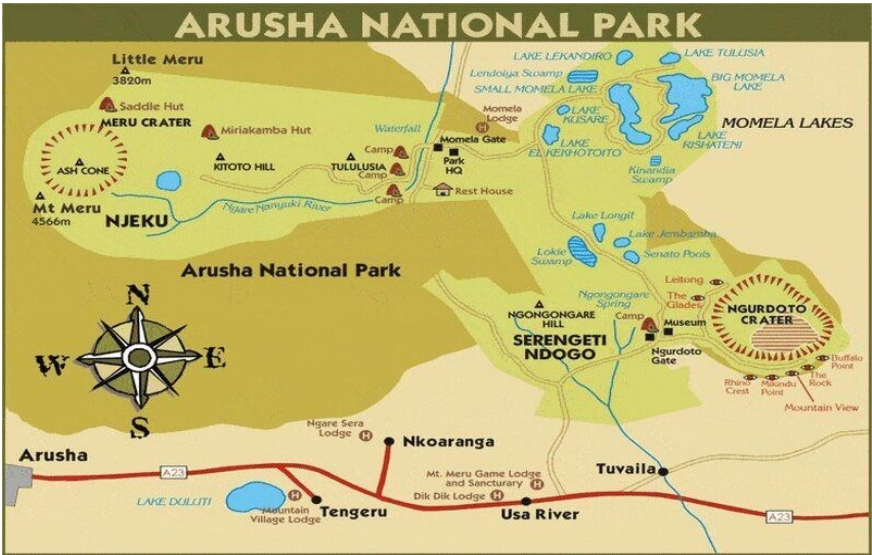


The Arusha Declaration Monument (Swahili: Mnara wa Azimio la Arusha) is a landmark monument and tourist attraction in Arusha, Tanzania. It was unveiled in 1977 by the nation's ruling Chama Cha Mapinduzi (CCM) party to commemorate ten years of the Arusha Declaration. It is situated along Makongoro Road at the center of the roundabout.



Mount Meru is a dormant stratovolcano located 70 kilometres (43 mi) west of Mount Kilimanjaro in the country of Tanzania. At a height of 4,562.13 metres (14,968 ft), it is visible from Mount Kilimanjaro on a clear day, and is the fifth-highest of the highest mountain peaks of Africa, dependent on definition.

ARUSHA TOUR SITES



Arusha National Park covers Mount Meru, a prominent volcano with an elevation of 4566 m, in the Arusha Region of north eastern Tanzania. Arusha National Park has a rich variety of wildlife, but visitors shouldn't expect the same game-viewing experience they find in other national parks of Tanzania's northern circuit. Despite the small size of the park, common animals include giraffe, Cape buffalo, zebra, warthog, the black-and-white colobus monkey, the blue monkey, flamingo, elephant, bushbuck and many other African animals. Leopard populations are present, but rarely seen. Birdlife in the forest is prolific, with many forest species more easily seen here than elsewhere on the tourist route - Narina trogon and bar-tailed trogon are both possible highlights for visiting birders, whilst the range of starling species provide somewhat less gaudy interest.





'Ifulong' is derived from a Meru tribe word which originally is 'IFULO'. It stands for a seasonal river valley with fertile banks that people use for growing various seasonal grains and vegetable.

Ifulong Cultural Tourism Enterprise (ICTE) is a community-based run cultural tourism enterprises that foster environmental and cultural resources preservation and wise-use while improving livelihoods of the local communities by providing additional income in their daily economic activities. Mostly the enterprise supports small scale farmers, livestock keepers and cultural entrepreneurs in the Villages of Poli and Njoro. The enterprise promotes responsible travel that ensures win-win situation. It ensures that a cultural tourism operation in these rural villages is beneficial to everyone; it should provide an income to local people while giving visitors an unforgettable experience-back to essence!

All the activities takes place on the magnificent slopes of Mount Meru, the 2nd highest peak in Tanzania & 5th highest in Africa-a cousin brother of the revered Kilimanjaro. The volcanic activities of Mount Meru have created a bunch of hills and valleys with fertile land. Some created hills can be climbed in an hour to get breath-taking views of the surrounding farms, rivers, village settlements and the nearby towns of Usa river, Tengeru and the crater lakes-Lake Duluti. Cultural activities includes:

Agro-tourism - Farm experience

A guided cultural village walking tour

A banana experience tour

A coffee experience tour (Farm tour and traditional coffee processing)

A bird watching experience with locals

A glance view of Wa-meru culture and history

A visit to Nringaringa: epicenter of Meru culture and traditional administration

A home-stay experience with local families

A traditional African dishes cooking experience/lessons

ARUSHA TOUR SITES



The Boma Natural History Museum of is a compound that showcases the natural history, wildlife, culture and artifacts of the Arusha region - Tanzania. It is housed inside what was an old German military outpost and has three separate buildings that are open to the public (the rest being offices), an outdoor mini botanical garden and an outdoor art and crafts gallery.

One of the three buildings are for wildlife, the other for history of the region's events and the third for archaeological history. The museum is part of the national museums of Tanzania.

Artifacts from excavations of neighboring areas such as Olduvai Gorge and other dead wildlife

A history of the region of Arusha and its people

A wildlife section with photographs and taxidermy

An arts gallery that displays the work of over 12 of the best local artists

Art and crafts lessons from local including painting, drum making etc

A mini botanical garden

A small pond with some of the local freshwater fish

A mini serpentarium

A mini zoo with some of the region's rare animals such as an eagle

A insect section detailing some of the diseases and problems they cause

A taxidermy office

Photography of some of the local tribes

The Original Boma was built from 1899 to 1900 to be a German military outpost for the region of Arusha. This was to keep a closer eye on the Meru and Arusha tribes, whose opposition they had just defeated in the years 1897 and 1898. It also served as an administrative office and residence for other officials of the colonial rule.



The Arusha Declaration Museum is a site that showcases the history of Tanzania while under the socialism and self reliance policy as well as the years leading up to its introduction. It is named after a declaration that first introduced the 'African socialism' or 'Ujamaa' policy and is located next to a monument that was built to commemorate it.

Much of its exhibits are in the form of photos, but there are a few statues and models of people of that time as well as original artifacts. some of the things you might see there include:

- One of the actual uhuru torches that were raced around the country after its independence

- Chairs that were used by TANU leaders during the struggle for independence

- Models of an ujamaa village

- Photos of Tanzanian soldiers during the war with Idi Amin Dada

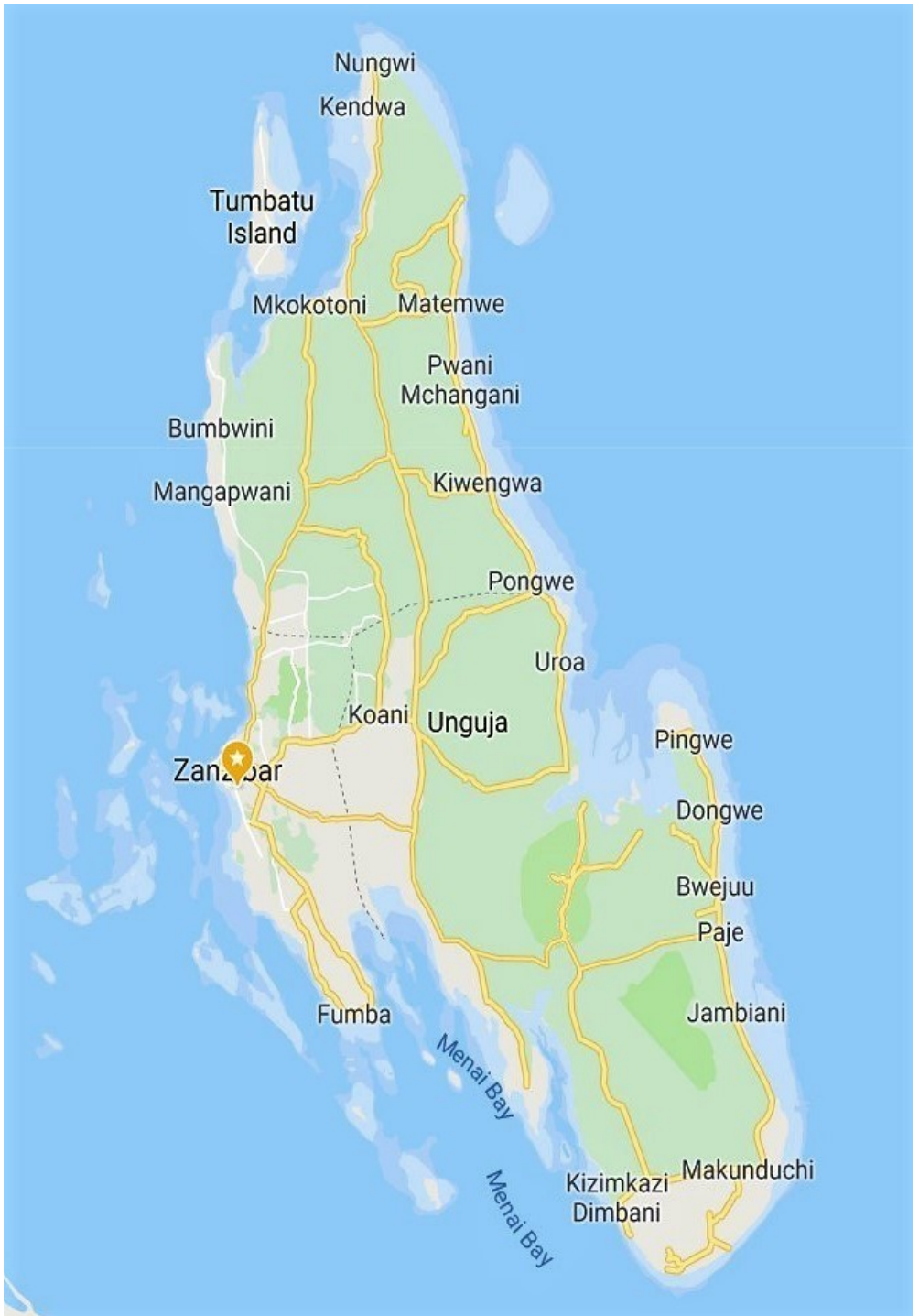
- Photos of key moments from 1967 when the policy was introduced

- Old photos of political leaders



The **Cultural Heritage** started in the year 1994. For the past 26 years now, this unique Cultural Centre has built up it self and continues to do so with a lot of vision. Founded and visioned by the owner himself Mr. Saifuddin Khanbhai, who has continued the legacy of the Culture from his ancestors. Cultural Heritage is a unique cultural center on the outskirts of Arusha. We have curio shops, a jewelry boutique, a tanzanite and precious stone counter, a restaurant, bargain center and outstanding commercial art gallery.

ZANZIBAR ISLAND MAP



ABOUT ZANZIBAR

Zanzibar, which means “coast of blacks” is an archipelago situated 16-31mi (25-50km) east of mainland Tanzania. The archipelago consists of numerous small islands and two large ones: the main island is Unjuga, which is commonly referred to as Zanzibar itself, and the other is Pemba, which is known as the “Green Island”. The Zanzibar archipelago is characterized by the beautiful sandy beaches, which line its perimeter. As a former center of the slave and spice trades, it is infused with African, Arabic, European and Indian influences.

The island is famous for its mix of exotic beaches, famous spice plantations, history (Stone Town being the capital) and diverse culture. Unguja (the main island in Zanzibar) is also home to many endangered species including the red colobus monkey and green turtle.

The North and East Coast of Unguja have particularly inviting beaches with powder white sand lapped by turquoise blue warm waters of the Indian Ocean and framed by many coconut and wild date palms.

What makes Zanzibar different to other tropical island destinations is the eclectic mix of sun, sea, sand and spice. But there is much more - vivid history, culture and a variety of excursions that makes this one of the most popular all-round beach destinations for people of all ages and interests.

Zanzibar has a fascinating history, stretching back to the start of the first millennium, when Bantu-speaking Africans travelled across from the mainland. Between the twelfth and fifteenth centuries, the Zanzibar archipelago had come into its own, with Arabian and Persian trade links bringing significant money into the area. Zanzibar had become a major trading hub, supplying gold, ivory, slaves and wood to places as distant as India, while importing spices, textiles and glassware.

When the Portuguese arrived in the early sixteenth century, they temporarily interrupted the golden age, taking control of both Zanzibar and Pemba. However, their reign did not last, and by the early nineteenth century, Omani Arabs had gained control of the region. Trade once again flourished, with cloves, slavery and ivory the main commodities. It's telling that by 1840, trade was thriving to the degree that the Sultan of Oman chose to relocate his court to Zanzibar from the Persian Gulf.

In 1873, the prominent slave trade was abolished, and by 1890, Omani sultans ruled under a British protectorate. This lasted until December 1963, when Zanzibar regained its independence. However, only a month later, the Arab ruling elite were overthrown by an African majority in a horrific revolution leading to several thousand deaths. In April 1964, a republic was established, as the presidents of Zanzibar and Tanganyika, or more accurately, was subsumed into Tanzania, of which Zanzibar remains a semi-autonomous region.

ZANZIBAR TOUR SITES



Stone Town is the cultural heart of the island and the old city area of Zanzibar City, located on the western shore. The city got its name from the many big multi-story buildings made of stone which form the landscape of the old town part. These buildings are actually not made of stone, but with mortar and corals. Although the corals were a good and easily available building material, they are also easily damageable. Some of the houses are in a bad shape and the Stone Town Conservation Authority co-ordinates the restorations of these houses to maintain the town's original glory.

Our first stop will be the fruit market, which opened in 1904, with its variety of tropical fruits and spices. This will be followed by visiting the Anglican Cathedral at Mkunazini, which was built in 1874 on the site of the former slave market. The guide will tell you about the city's slave history and show you the place where slaves were auctioned. Our next stop will be the National Museum of Zanzibar, which is also referred to as the Peace Memorial Museum. The museum holds a wide collection of the island's natural history and artifacts. Then we will walk to the Forondhani Gardens, where you will see the former British Consulate. We will also explore the Old Fort, which is situated few meters away, and the tallest building in Zanzibar, House of Wonders, which was built by the Sultan as a ceremonial and administrative building. With a refreshing walk in the narrow streets we will explore the old houses, most of which are older than 150 years.



Changuu Island also known as Prison Island lies about 30 min by boat from Stone Town. The island was formerly owned by an Arab and saw use for confinement of refractory slaves but no prisoners were ever housed here instead the island became a quarantine station for yellow fever epidemics. It was bought by General Lloyd Mathews and the jail (goal) which still stands was built in 1893 and hence the name “PRISON ISLAND”. In 1919 the British governor of Seychelles sent a gift in form of four Aldabra giant tortoises to Changuu. Presently this species is considered vulnerable and has been placed on the IUCN Red List. There is a dedicated foundation on the island which looks after the tortoises' welfare. This tour includes a visit to the historic Prison Island with its giant land tortoise. While on the island you will be able to observe and feed the tortoises, swim, sunbathe and snorkel.



ZANZIBAR TOURS - AMAAN RESORT BEACH DAYS



Dreaming of the other world under the water, colorful fish, strange creatures, majestic animals? Dreaming of sunset cruise on the turquoise waters? Join ZANZIBAR WATERSPORTS on snorkeling & diving trips to Mnemba reef and all other watersports you may dream of! Dreaming of total relaxation, tropical massage, manicure & pedicure? Visit the SPA with fantastic views from its open view. Or just join in the volleyball or beach football! Snorkeling, diving, fishing, kayaking, sunset cruises, beach volley ball and football! Water skiing, kite surfing and parasailing are also available! The dive center offers PADI CERTIFIED DIVING AND GAME FISHING.



AMAAN BEACH RESORT RELAXATION



Welcome to the **Spa!** located at Amaan Beach Resort. Golden Touch means ability to be successful in any endeavor. Pure African flavor, therapeutic scent combined with harmonious music. Come and enjoy the golden touch of professional masseurs! They will restore your energy! They offer, a variety of Massages, Thai, signature Body Wraps & Body Scrubs. They propose also, facial treatment, hot stone massage and beauty station as pedicure, manicure and waxing, after sun, facial treatments. The professional team is here to advice you and make you the most comfortable.

Indulged in an exotic cocktail on the beach and enjoy your relaxation



in paradise while admiring the sunset on the African Ocean.

DAR ES SALAAM CITY & TOUR SITES



Dar es Salaam meaning: (Place of Peace) is the largest city and former capital of Tanzania. It is the largest city in East Africa and the seventh-largest in Africa, with a projected population of 5,275,315 in 2019. On the Swahili coast, Dar es-Salaam is an important economic center and one of the fastest growing cities in the world. Until 1974, Dar es-Salaam served as Tanzania's capital city, at which point the capital city began to move to Dodoma, by order of president Julius Nyerere, which was officially completed in 1996. In 2018, it remains a focus of central government bureaucracy, although this is in the process of fully moving to Dodoma. It is Tanzania's most prominent city in arts, fashion, media, music, film and television and is a leading financial center. The city is the leading arrival and departure point for most tourists who visit Tanzania, including the national parks for safaris and the islands of Unguja and Pemba.

Stroll through the bustling markets, see the city's major highlights, and gain an appreciation for its rich cultural fusion, a lively blending of Arab and Bantu influences. Tour the economic and business heart of the city and see the cultural highlights of the region, including the Village Museum—part of the National Museum, and the harbor as your guide explains the city's historical background and development. This coastal fishing village was once a major trading port along the Indian Ocean. You'll also learn why the city is called a "Haven of Peace."

Continue to explore the lively and colorful markets of the city, including the Kariakoo fish market and a carvings and handicrafts market where you can bargain for local goods. In half a day, you've already seen many sides to this multifaceted, glimpsing the unique blending of Arab and Bantu influences.



Karibu Arts & Crafts Gallery show case Tanzania rich cultural heritage and skills found in paints arts, carvings, basketry, weaving, jewelry and African apparel.



Kariakoo Market is the most busiest and the biggest market that contributes substantially to Dar es Salaam's food provision as well as a small-scale economy.

DAR ES SALAAM TOUR SITES



The Museum and House of Culture is the first and largest of all of these museums in Tanzania. It is located along Shaban Robert Street, Dar Es Salaam. It was construction from 1938-1939 and being made public in 1940. This is the largest and oldest museum in the country and flagship museum for the National Museum of Tanzania that inherited the collections and other resources from the National Museum of Tanzania formally known as King George V Museum of England since 1940.

The National Museum and House of Culture partakes in door (permanent exhibition galleries and outdoor exhibitions (Aquarium, Trees, Butterflies catch gardens, Hope out of Sorrow, Historical State cars, etc. It currently hosts four permanent exhibitions including Art, History, Human Evolution and Rock Art galleries. Biology and Ethnography permanent exhibition galleries are under way. In the same aspect, the National Museum and House of Culture manages six storage rooms for Art, Archaeology, Biology, Ethnography, History and Paleontology collections as well as Strong Room for important national treasure.



The Village Museum is an open air museum established in 1967 with duties of acquiring, researching and preserving the indigenous culture and architecture of Tanzania ethnic groups. This Museum represents Tanzanian rural life as it could have appeared until very recently. Some of the houses constructed here no longer exist while others are still used by majority of ethnic groups precisely those living in rural areas but in modified versions.

Our experienced team will give you a ride to the whole country just under one roof and within few minutes. Take your time to observe traditional houses and artifacts, traditional garden and nature trails, open curio shops rich in Tanzania handcrafts. When you finish your tour and feel tired and hungry...welcome at our restaurant and order traditional food or drink from your favorite ethnic group or watch a live traditional dance from our selected ethnic groups.

Visit Village Museum and experience more than 30 traditional houses in three styles and forms of: Tembe, Msonge and Banda.

Learn about the lifestyles and traditions of the many tribes that live in Tanzania today, including the types of houses that they live in and tools used. Most of what you would find at the museum is still being used today, by their respective people in rural areas. Thus with a good memory or a photograph, you should be able to tell which tribe lives inside which house, when you see it.

Inside each house are some of the tools that you would find being used by these tribes, including stoves, spears, bows, arrows as well as cooking and drinking equipment. So feel free to try using some and get a feel of the day to day lifestyles of Tanzanian rural tribes, or take a photo or both. There also are cards next to the houses and equipment that explain further their use, history and customs of their people. If you are not up to the extra reading, the tour guide can go through it.

Black Star Repatriation & Pan-African Community

The Black Star Repatriation & Pan-African Community in Ghana is a 15 acres phase 1 plus 60 acres phase 2 future community in Gyaahadze, the Central Region of Ghana. At the foundation of this vision, is a group of committed African Diasporans with strong Pan-African energy who wish to build a practical example of our reconnection to the land of our ancestors. Our community vision, is one that searches for the redemption of our stolen African ancestors. From those who lost their lives and those who survived the African Holocaust during the Trans-Atlantic European Slave Trade. This community will serve as a place where Africans can live in an African environment, or retreat to for a period of time. Our mission is to provide our community, with advanced strategies to satisfy today's demand in the areas of living, doing business, and investing in Africa. We are Africans who possess a wide range of skills and training, who are coming together to create a new kind of living experience on the land of our ancestors.

We see Africa as the only viable option for the future survival of African people. This position is supported by the worlds dependency on the natural resources in Africa (which are currently being controlled by non-Africans), the treatment of Africans outside of Africa, and lastly by the call that Mother Africa has made to all her displaced children in the Diaspora to come home. The investment portion of this community is designed to bring about a self-sufficient Africa. Our method is to connect the skills, and resources of Africans in the Diaspora with projects, investment opportunities and like-minded brothers and sisters on the African continent. This Community offers you the ability to custom build, buy, rent or lease homes in Ghana. You can visit or stay for some time in our community before you commit yourself to this important investment decision. This is vital, to ensure you know what you are committing to.

We offer a full rites of passage for those who wish to integrate into Ghanaian society, including languages, culture and customs workshops. You will learn the history of West Africa and see the affects that the enslavement of African's, had on the Ghana we see today and the attempts being made to repair the damage. Our African ancestors who were victims of the European genocide, called commonly the Transatlantic European slave trade, demand justice for their suffering during the African holocaust. In search of redemption we have found paradise in the small country town of Gyaahadze. This is our opportunity to come together with like-minded Africans in the Diaspora who want to do something special. This community project is not to dictate or restrict anyone. We are here as a family to build the detail guidelines that is voted on by us as a community. We want everyone to feel free and feel that they are equally a part of the community like everyone else. Ultimately we must maintain order and be able to communicate with each other to discuss all things to operate organized. We are working on expanding our community with an additional 57 acres for residential and community development opportunities in phase 2 to total 72 acres. We are currently accepting reservations based on completing require documents along with Administration/ land deposit payment. For full details visit our website and click on the ink for Black Star Pan-African Community from the main menu.

www.africafortheafricans.org and e-mail us at afta2010@msn.com



Site Map above is an overview of our projected layout for our future community for phase 1. The community will be built in 2 phases or more based on future demands. Phase 1 entails 60 plots on 15 acres. The residential & commercial plots on both phases are 80 ft x 100 ft lots for a total of 8,000 square feet per plot. We plan to use 10 remaining plots for a park, community center, business center, and security post.

Phase 2 will include 240 plots on 60 acres for residential and business projects. This will include 30 plots for farming, 120 plots for residential, 24 plots for Apartments/Condos, 28 plots for onsite commercial investment, 4 plots for a community store, 4 plots for a Medical Center, 4 plots for an Educational/ Training Building, 4 plots for a Maintenance Facility, 8 plots for an additional community and business center.

Black Star Repatriation & Pan-African Community, in Central Region is located in the town Gyaahadze. It gives you access to a nice clean beach two miles from the property. It is two miles away from the city of Winneba, and about three miles away from the Accra/ Winneba Rd which takes you to Cape Coast to the left or Accra to the right. The community land is in the middle of Cape Coast and Accra. The land is 1.5 to 2 hours away from either city based on traffic.

Google Maps:
GPS Land Location for our
Black Star Pan-African
Community in Gyaahadze,
Central Region of Ghana.
5°23'50.2"N 0°35'15.8"W
<https://maps.app.goo.gl/XWFjFhDiShZ22Q5P7>



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Tanzania Tour Nov 2020



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CELEBRATING 16 YEARS 2006 - 2022



THIS BOOK BELONGS TO:

TANZANIA ROOTS & CULTURE TOUR
NOVEMBER 17 - 28, 2022
THE JOURNEY OF A LIFETIME TOUR BOOK