

# GHANA ROOTS & CULTURE TOUR

## JULY 11 - 23, 2024

### THE JOURNEY OF A LIFETIME TOUR BOOK



*Africa for the Africans*  
Tours & Investments

[www.africafortheafricans.org](http://www.africafortheafricans.org)



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### **MISSION STATEMENT:**

## **Reconnecting Africans in the Diaspora to our motherland for Repatriation and Pan-Africanism**

Our name "Africa for the Africans," was taken from words spoken by the honorable *Marcus Mosiah Garvey* over 90 years ago who taught us that African people all over the Diaspora are one people and that the continent of Africa belongs to us.

Our mission is to reconnect our people with the Motherland, Africa. Our main tool to accomplish this is through tours. This has proved to be the most effective way to dispel the myths and negative propoganda that keeps Africa and the Diaspora divided. Once you go, you know!

We see Africa as the only viable option for the future survival of African people. This position is supported by the world's dependency on the natural resources in Africa (which are currently being controlled by non-Africans), the treatment of Africans outside of Africa, and lastly by the call that Mother Africa has made to all her displaced children in the Diaspora to come home; hence the investment portion of the company is designed to bring about a self sufficient Africa by linking the skills and resources of Africans in the Diaspora with projects, investment opportunities and like-minded brothers and sisters on the continent.

In order for Africans to thrive and survive the war being waged against us globally, we must build a home base of power in Africa. We are at a very critical stage of our existence; it is Repatriation and Pan-Africanism or perish.

# Press Release

**Africa for the Africans is a black-owned, Atlanta based, international business enterprise, specializing in Africa tours and investment services. The African slave trade completely divided our people globally and as a result we have been disconnected from our authentic roots and culture. Since 2006, *Africa for the Africans Tours & Investments* has been dedicated to empowering Africa as a home base for people of African ancestry around the world.**

***Africa for the Africans Tours & Investments* revitalizes Africans throughout the Diaspora with a renewed cultural, economic and historical connection with our motherland —the African continent — and a mission to foster lasting relationships with our African family: a vision inspired by the Honorable Marcus Garvey, who coined the phrase “Africa for the Africans” to encourage a black nation and ownership of land outside of America. Africa for the Africans’ vision has guided hundreds of people yearning to be exposed to opportunities in Africa. Our tours are intended to enlighten, stimulate and create nothing less than life changing experiences through a deep dive into genuine tour sites, investment forums, social network gatherings and repatriation services for all of our travelers.**

**From humbling historical landmarks to the bustling market-places, we nurture and guide our groups through a colorful and emotional journey. Tour patrons are exposed to the many investments, land/home ownership opportunities that exist in Ghana, as well as opportunities to experience “the gift of giving” by delivering valuable school supplies, toys and clothing to children’s orphanages and schools during the tour. Our familial vibe and energy transforms our tours into something much more than a vacation package.**

**Africa for the Africans is a fully fledged cultural movement. Sankofa and come experience Africa’s culture, night life, shopping, networking, business, investment opportunities and more on our upcoming tours to Ghana, Kenya, Tanzania, Egypt, South Africa, Brazil and more African Heritage expeditions.**

# Previous Ghana Tour Groups



**Ghana Repatriation & Investment Tour Dec 2022**



**Ghana Repatriation & Investment Tour May 2023**





**AKOBEN  
"WAR HORN"  
SYMBOL OF VIGILANCE**



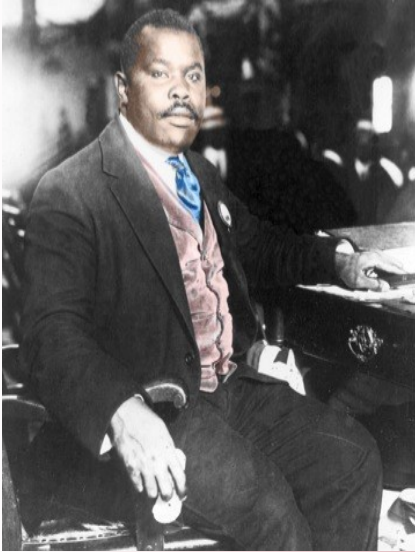
**HERO DEDICATION**



To the youth in pursuit of  
truth and clarity  
To those committed to family  
To those in search of their  
African identity  
To those engaged in  
Re-Africanization  
To the warrior builders  
To the mothers and foremothers  
To the fathers and forefathers  
To those committed to  
righteous thought and  
righteous action  
To those committed to the  
vision of a sovereign nation and  
African world community  
To the teachers and facilitators in  
African-centered  
independent institutions



# Prophet & Pan-African Visionary Marcus Garvey 1887-1940



Born Marcus Mosiah Garvey, Jr. August 17, 1887 in Saint Ann's Bay, Jamaica and Died June 10, 1940 at age 52 in London, England, UK. He was a Jamaican political leader, publisher, journalist, entrepreneur, and orator who was a staunch proponent of Black Nationalism and the Pan-Africanism movement, to which end he founded the Universal Negro Improvement Association and African Communities League (UNIA-ACL). He founded the Black Star Line, which promoted the return of the African diaspora to their ancestral lands. Garvey's father had a large library, and it was from his father that Marcus gained his love for reading. He attended elementary schools in St. Ann's Bay during his youth. While attending those schools, Garvey first began to experience racism. In 1907, he took part in an unsuccessful printer's strike and the experience kindled in him a passion for

political activism. In 1910, Garvey left Jamaica and began traveling throughout the Central American region.

Over time, Marcus Garvey became influenced by many civil rights activist of his time. He ultimately combined the nationalist ideas of other Pan African and Booker T. Washington. This was accomplished with the political possibilities and urban style of men and women living outside of plantation and colonial societies. After years of working in the Caribbean, Garvey left Jamaica to live in London from 1912 to 1914, where he attended Birkbeck College, taking classes in law and philosophy. He also worked for the African Times and Orient Review, published by Dusé Mohamed Ali, who was a considerable influence on the young man. Garvey sometimes spoke at Hyde Park's Speakers' Corner.

In 1914, Garvey returned to Jamaica, where he organized the UNIA. "I should name the organization the Universal Negro Improvement Association and African Communities (Imperial) League. Such a name I thought would embrace the purpose of all black humanity." Thus to the world a name was born, a movement created, and a man became known.

On May 9, 1916, he held his first public lecture in New York City at St Mark's Church in-the-Bowery and undertook a 38-state speaking tour. The next year in May 1917, Garvey and thirteen others formed the first UNIA –ACL division outside Jamaica. They began advancing ideas to promote social, political, and economic freedom for black people.

# The Legacy of Marcus Garvey 1887-1940

Garvey worked to develop a program to improve the conditions of ethnic Africans "at home and abroad," under UNIA auspices. On August 17, 1918, he began publishing the *Negro World* newspaper in New York, which was widely distributed. He used *The Negro World* as a platform for his views to encourage growth of the UNIA. By June 1919, the membership of the organization had grown to over two million. By August 1920, the UNIA claimed over four million members. That month, the International Convention of the UNIA was held. With delegates from all over the world attending, 25,000 people filled Madison Square Garden on August 1, 1920 to hear Garvey speak. Over the next couple of years, Garvey's movement was able to attract an enormous number of followers. Reasons for this included the cultural revolution of the Harlem Renaissance, the large number of West Indians who immigrated to New York, and the appeal of the slogan "One Aim, One God, One Destiny."

Garvey also established the business, *The Negro Factories Corporation*. He planned to develop the businesses to manufacture every marketable commodity in every big U.S. industrial center, as well as in Central America, the West Indies, and Africa. Related endeavors included a grocery chain, restaurant, publishing house, and other businesses.

Convinced that black people should have a permanent homeland in Africa, Garvey sought to develop Liberia. It had been founded by the American Colonization Society in the 19th century as a colony for free blacks from the United States. Garvey launched the Liberia program in 1920, intended to build colleges, industrial plants, and railroads as part of an industrial base from which to operate. He abandoned the program in the mid-1920s after much opposition from European powers with interests in Liberia.

The UNIA held an international convention in 1921 at New York's Madison Square Garden. Also represented at the convention were organizations such as the Universal Black Cross Nurses, the Black Eagle Flying Corps, and the Universal African Legion. Garvey attracted more than 50,000 people to the event and in his cause. The UNIA had 65,000 to 75,000 members paying dues to his support and funding. The national level of support in Jamaica helped Garvey to become one of the most influential leaders of the 20th century on the island.

In 1922, he married Amy Jacques Garvey, who was working as his Secretary General. They had two sons together: Marcus Mosiah Garvey, III (born 17 September 1930) and Julius Winston (born 1933). Amy Jacques Garvey played an important role in his career, and would become a lead worker in Garvey's movement.

Marcus Garvey and three other UNIA officials were charged with mail fraud involving the Black Star Line. In January 1922, after thousands of brochures had been mailed to supporters, Garvey was arrested on mail fraud.





# The Legacy of Marcus Garvey 1887-1940

While on bail, he continued to maintain his innocence, travel, speak and organize the UNIA. On June 23, 1923, Garvey was convicted and sentenced to prison for five years. After numerous attempts at appeal were unsuccessful, he was taken into custody and began serving his sentence at the Atlanta Federal Penitentiary on February 8, 1925. Two days later, he penned his well known "First Message to the Negroes of the World from Atlanta Prison", wherein he made his famous proclamation: "Look for me in the whirlwind or the storm, look for me all around you, for, with God's grace, I shall come and bring with me countless millions of black slaves who have died in America and the West Indies and the millions in Africa to aid you in the fight for Liberty, Freedom and Life.

Upon his release in November 1927, Garvey was deported via New Orleans to Jamaica, where a large crowd met him at Orrett's Wharf in Kingston. Though the popularity of the UNIA diminished greatly following Garvey's expulsion, he nevertheless remained committed to his political ideals.

In 1928, Garvey travelled to Geneva to present the Petition of the Negro Race. This petition outlined the worldwide abuse of Africans to the League of Nations. In September 1929, he founded the People's Political Party (PPP), Jamaica's first modern political party, which focused on workers' rights, education, and aid to the poor.

Garvey continued his political activism and the work of UNIA in Jamaica, and then moved to London in 1935. But he did not command the same influence he had earlier. Garvey died in London on June 10, 1940, at the age of 52, having suffering several strokes. In 1964, his body was returned to Jamaica where he was declared the country's first national hero and re-interred him at a shrine in the National Heroes Park.

Garvey's memory is maintained in several locations in Africa. Nairobi, Kenya and Enugu, Nigeria have streets bearing his name, while the township of Khayelitsha, Cape Town, South Africa, put his name on an entire neighborhood. Yenagoa, Bayelsa State, Nigeria has a library named for him. A bust of Garvey was created and is on display at a park in the central region in Ghana, along with one of Martin Luther King.

A few of Marcus Garvey famous quotes.

"If you have no confidence in self, you are twice defeated in the race of life."

"With confidence, you have won even before you have started."

"A people without the knowledge of their past history, origin and culture is like a tree without roots."



"Liberate the minds of men and ultimately you will liberate the bodies of men."

Kwame Nkrumah named the national shipping line of Ghana the Black Star Line in honor of Marcus Garvey and the UNIA. Nkrumah also named the national soccer team the Black Stars as well. The black star at the center of Ghana's flag is also inspired by the Black Star.

# Ghana's First President Kwame Nkrumah 1909-1972



Kwame Nkrumah was born on the September 21, 1909, a Saturday, and by the naming customs of the Akan people he was given the name Kwame. He became the visionary that would lead the Gold Coast, now Ghana, to independence from Britain in 1957 and served as its first Prime Minister and President until he was deposed in 1966. In February 1966, while Nkrumah was on a state visit to North Vietnam and China, his government was overthrown in a military coup led by Emmanuel Kwasi Kotoka and the National Liberation Council. President Nkrumah himself alluded to possible American complicity in the coup in his 1969 memoir 'Dark Days in Ghana'.

Nkrumah never returned to Ghana, but he continued to push for his vision of African unity. He lived in exile in Conakry, Guinea, as the guest of President Ahmed Sékou Touré, who made him honorary co-president of the country. He read, wrote, corresponded, gardened, and entertained guests. Despite retirement from public office, he felt that he was still threatened by western intelligence agencies. In failing health, he flew to Bucharest, Romania, for medical treatment in August 1971. He died of prostate cancer in April 1972 at the age of 62.

An influential 20th-century advocate of Pan-Africanism, he was a founding member of the Organization of African Unity and was the winner of the Lenin Peace Prize in 1963. He envisioned himself as an African Lenin. According to historian John Henrik Clarke in his article on Nkrumah's American sojourn, "the influence of the ten years that he spent in the United States from 1935-1945 would have a lingering effect on the rest of his life."



The time he spent in New York City in the early 1940's were a vital part of Kwame Nkrumah's American education. He was going to a university—the university of the Harlem Streets. This was no ordinary time and these street speakers were no ordinary men. The streets of Harlem were open forums, presided over by master speakers like Arthur Reed and his protégé Ira Kemp. The young Carlos Cook, founder of the Garvey oriented African Pioneer Movement was on the scene, also bringing a nightly message to his street followers. This is part of the drama on the Harlem streets as the student, Kwame Nkrumah walked and watched.

Nkrumah was also best-known politically for his strong commitment to and promotion of Pan-Africanism. He was inspired by the writings of black intellectuals such as Marcus Garvey, W. E. B. Du Bois, and George Padmore, and his relationships with them. Much of his understanding and relationships with these men was created during his years in America as a student. Some would argue that his greatest inspiration was Marcus Garvey.

Nkrumah looked to these men in order to craft a general solution to the ills of Africa. He ultimately found himself involved in direct activism. Then, motivated by advice from Du Bois, Nkrumah decided to focus on creating peace in Africa. Nkrumah's dedication to Pan-Africanism in action attracted these intellectuals to his Ghanaian projects. Many Africans from the diaspora such as DuBois and Kwame Ture, moved to Ghana to join him in his efforts.

Kwame Nkrumah named the national shipping line of Ghana the Black Star Line in honor of Marcus Garvey and the UNIA. Nkrumah also named the national soccer team the Black Stars as well. The black star at the center of Ghana's flag is also inspired by the Black Star.





# Special Reminders

- Ghanaians are very friendly! However, be wary of people who just want to make quick money off you and make promises they cannot keep. You should know as much as possible about the people you are planning to do business with. Dahveed Jawara and his *Africa up* consulting group is our Repatriation and Investment conference host. They are the ones we recommended you do business with in Ghana or consult with at least.
- Please focus on enjoying yourself and accomplishing your mission. Do not get distracted by others or get caught up in complaining. This is an experience that will have its ups and downs; it's a part of your introduction to Ghana/ Africa. We recommend you go with the flow and enjoy your time in paradise around the wonderful itinerary that we have put together on this Journey of a Lifetime.
- When you visit do not come with a romanticized notion about Ghana/ Africa or you will be disappointed and unnecessarily frustrated. Come with open eyes and an open mind, knowing that Ghana is a developing nation. There is much to do and we can be a positive and contributory part of it. Keep in mind that Ghana / Africa is not America or Europe, nor do we want it to be. We are Mother Africa's children returning home and we want to be part of Mother Africa's growth and development.
- You can give additional tips to anyone who gives you great services or whoever you choose. The tips collected for hospitality services that will be provided in Ghana is basic tips for all AFTA Ghana staff including drivers, Guides at all sites, Hotel staff, and Entertainment. All other services that may be provided on this tour are a tip, depending on the situation, based on the services you get.
- During long trips, use rest room at hotels and, rest room stops. Limit liquid drinking on the bus. In case of emergency, notify the tour guide, so he can tell the driver to stop the bus ASAP.
- No outburst or distraction in group setting. If you need to talk about something let a staff member know.
- Please do not interrupt others from enjoying their journey.
- The last 2 days are light on the itinerary. Use the itinerary as a detailed reminder of the schedule including check out time, baggage arrangements, meals and airport departure.
- Participate in group pictures when we give the call, organize as best as possible, to make sure we have good group pictures of our journey.
- This is a very cultural and spiritual journey; please keep all negative energy out. Focus on the blessings of being on a beautiful journey in Africa.

# STAFF & PARTNERS CONTACT LIST

## TOUR ORGANIZER & LEADER

	<u>Phone Numbers</u>	<u>E-mail Address</u>
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## TOUR ASSISTANT

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Bomani Dakari Tyehimba Brown	+1404-420-5424	bomanidakari@gmail.com
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## INVESTMENT CONFERENCE

Dahveed Jawara	+233 244 214 680	africaup@yahoo.com
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## HOTEL Accommodations

MJ Grand Hotel Accra	+233 540 274 463 +233 271 290 330	info@mjgrandhotelghana.com mjgrandhotelghana.com
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Coconut Grove Resort	+233 244333001 +233) 263000678 +233) 263000689	www.coconutgrovehotelsgh.com/beachresort
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Miklin Hotels Accra & Kumasi	+233 302 500 708 +233 243 831 455	miklin@miklinhotels.com www.miklinhotels.com
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## MEET THE TEAM



### **Bomani Tyeimba**

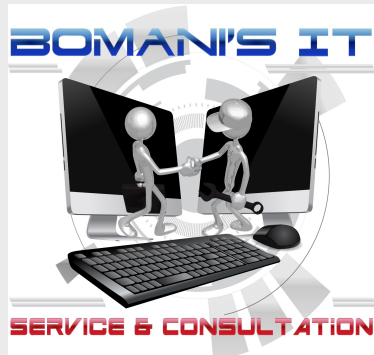
**Director of Africa for the Africans  
Tour Leader & Organizer**

Although Bomani's birth name is O'Neal Brown, out of respect for his ancestors and being conscious of his African roots and culture, he took on an African name Bomani Tyeimba, given to him by his Community in Atlanta. He was born Oct. 31, 1977 in Kingston, Jamaica and at the age of 11, he moved to Brooklyn, NY in 1988 with his family. He graduated Brooklyn's Transit Tech High School in June 1995, majoring in Electronic Installation and Practice.

Bomani worked as an Aircraft Technician in the US Navy & Reserve for over five years. He continued his Aviation expertise as a FAA Certified Airframe & Power Plant Aircraft Technician, and FCC GROL Electronic Technician. He has used these professional certifications and skills to work with Delta Airlines & Delta Connections in Atlanta, totaling more than seven years combined. His additional certifications include: CompTia A+, Network+ and Security+ IT Technician.

Bomani is a former senior at Embry Riddle Aeronautical University in Atlanta, GA. He is incomplete on his Bachelors of Science degree in Aeronautics with a minor in Business Administration and Aviation Safety. Bomani is also working on an independent study project which includes all of the aspects of Sustainable Living, enabling him to utilize these models in Ghana, throughout Africa, the Caribbean and the world.

Since March 2004, he has organized tours and made video documentaries of these expeditions that cover Senegal, South Africa, Kenya, England, the Gambia, Ghana, Togo and Benin. In April 2004, he toured various cities in Egypt lead by Dr. Ronoko Rashidi and also produced a documentary of that experience.







## MEET THE TEAM

Bomani is the Director of Africa for the Africans, a Tour and Investment Corporation, which he established in October 2006. Its mission is to reconnect Africans in the Diaspora to the motherland for Repatriation and Pan-Africanism. **The tours enable participants to experience the real Africa with a mix of roots, culture, paradise, night life, shopping, networking, business, investment opportunities and more.** Future plans include: expansion into an international corporation in Ghana, **specializing in Africa Tours, Investments, Real Estate, Information Technology & Business Services, and Sustainable Living.** This means more opportunities to do business in Africa will be offered enabling everyone to collectively contribute to building a strong black nation. Visit our website for upcoming Tours to Ghana, Tanzania, Senegal, the Gambia and more of Africa. See You in the motherland! [www.africafortheafricans.org](http://www.africafortheafricans.org)

Bomani is also the Director and an IT Technician for Bomani's IT Service and Consultation, founded in February 2005, specializing in Professional Technology & Business Solutions. This includes: Business Startup & Development, Affordable Technical Service on Laptops, Desktops, Printers & Wireless Networks, PC Clean-up, Repairs, Upgrades, Custom Built PCs, Networking, Tech Support, Troubleshooting, Website Development, Training, Video Production, Graphics Design, Data Backup, Data Recovery, Remote Access, Home Theater Setup and more. [www.bomaniitservices.com](http://www.bomaniitservices.com)

Throughout his journey of conscious connection with his roots and Culture, he felt it was his destiny to dedicate his life to the building and development of a strong black nation. He believes we must make a connection with our motherland, Africa, as a functional part of our lives; and that we must empower Africa as the home base for the black nation to guide and protect our global black interest. Africa for the Africans has built a network of brothers and sisters in Africa and the Diaspora so that we can all work together progressively and strive to create a self-sufficient and united Pan-African nation.



## MEET THE TEAM

### Bomani Dakari Tyehimba Brown Tour Assistant



Bomani Dakari Tyehimba Brown was born June 8, 2010 in Atlanta, Georgia. He is the only child of his father Bomani Tyehimba. Since birth he has been introduced into a unique world of International business in Africa and advanced Information Technology. Bomani Dakari has experience traveling to Africa at an early age. He got his first passport at 6 months old. He traveled for the first time when he was two years old accompanying his parents on the October 2012 Ghana Tour. He went back to Ghana twice in 2013 when he was 3 years old. In 2014 he went to Jamaica in February and May to meet his father's family in Kingston. He went to Turks and Caicos on his summer vacation in 2014. Some of his last Journeys to Africa are Liberia & Morocco April 2024, South Africa Dec 2023; Tanzania Nov 2023; Ghana May 2023; Senegal & Gambia April 2023. He is now 14 years old in the 9th grade. He just got his 3rd passport in 2021. He is always ready to be a staff member on the Africa Tours. Bomani Dakari loves using his gaming laptop and desktop to become more proficient in information System Technology. He does his Architectural designs in video games like Roblox, Minecraft and the SIMS 4. With these skills he is looking to become an Architect, Actor and Animator. He also enjoys reading, skateboarding, swimming and riding his bike with his friends. Bomani has boxing competition and won't make it to Ghana for July 2024 tour. He will see you on the next journey.







# MEET THE TEAM



## MEET THE TEAM

### **Kobla Dorkenoo** **Tour Assistant (2006 - 2021)**



Kobla Dorkenoo was born in Accra, Ghana on the 15th of November, 1960. He attended high school at St. Augustine's College, in Cape Coast, Ghana (1977) and went on to be a craftsman, attend Regional Maritime University (1992) and become a Mariner. Later in life, he met up with Bomani Tyehimba and became a Tour Security Guide for Africa for the Africans Tours and Investments in Dec 2006. His interest are: Reading, Art, Films and Stamp Collecting and he also enjoys Soccer, Martial Arts and Cricket. He was dedicated his life to Pan-Africanism. Kobla is no Longer with us, he has passed on to connect with the ancestors on March 13, 2021. May he rest in perfect peace. The revolution continues.









## MEET THE TEAM

**Dahveed Jawara**

**Tour Investment & Business Consultant**



Dahveed Jawara is the President and Founder of *Africa Up Consultancy*. He is an organic farmer, author of several books including his latest book, *Treasures in Heaven, Guide for investing and moving to Africa*. He is also a poet, father and a member of the Hebrew Israelite of Jerusalem. He was born in the United States and made his exodus to Africa in 1986. Dahveed is also our Business and Investment Conference Director for the annual Africa for the Africans Repatriation and Investment conference. He has been working with AFTA from December 2006.



Bomani Tyehimba with Dahveed Jawara at our Repatriation & Investment Conference. 12 strong years of business together from 2006-2020, reconnecting the Africans in the Diaspora for Repatriation & Investment in Ghana/ Africa.





## MEET THE TEAM



**Seestah IMAHKÜS**  
**Director of One Africa Resort**  
**Repatriation & Dual Citizenship Ambassador**

Seestah IMAHKÜS has written three books (*ABABIO - He/She Who Has Returned, Returning Home Ain't Easy but it Sure is a Blessing, and Points to Ponder* (A Travel Guide)). Her books are extraordinary manifestations of her personal experiences while demonstrating what it takes to settle, and make Ghana her home. A prolific writer, her admirable and candid sense of humor, makes for an enjoyable yet serious and commendable read. A dynamic storyteller, Seestah IMAHKÜS stimulates your imagination as she takes you on her journey of repatriation to her ancestral home-

land. Her writings exude an air of familiarity, instantly drawing you into her pulsating journeys. She is a Public Speaker and Consultant who knows Ghana like the back of her hand. She travels extensively, covering other parts of Africa, researching material for future writings that are impacting the image of Africa today. She also offers Consultancy Services ("*Prepatriation*" Preparing for Repatriation), to provide guidance and information for individuals and families seeking to return to Ghana for the purpose of residence, business, study or tourism. [www.oneafricaghana.com](http://www.oneafricaghana.com)



Bomani Tyehimba with MAHKÜS Okofo at One Africa Resort. 14 strong years of business together, 18 Tours of 450+ different people from 2006-2020 reconnecting the Africans in the Diaspora for Repatriation & Investment in Ghana/ Africa.



# CELEBRATING 17 YEARS IN BUSINESS 2006 - 2023



Group Pic at Elmina Holocaust Dungeons on our first Journey to Ghana in Dec 2006



Strong Energy at W.E.B Dubois Center



Our first night life out in Ghana



Black Consciousness Group Pose



Outside of Rita Marley Studio1 in Aburi



# 17th Year Anniversary of our 1st Ghana Tour Dec 2006



Congratulations to One Africa Resort on 24 Years In Business 1996-2020



IMAHKÜS & Bomani Meet for the first Time at One Africa in Dec 2006



Bomani With Tour Members getting ready for a nice tropical Ghanaian lunch



Bomani first Time at Elmina Holocaust Dungeons in Ghana Dec 2006



Bomani & Mahdi meet Dahveed Jawara the host of our Investment Conferences



Bomani inside George Padmore Library With Tour Members Studying



# OPTIONAL / ADDITIONAL ACTIVITIES

## Various Activities TBA

### Poetry Night

Come out, socialize and share your thoughts through literary expression.

### Chess, Dominoes & Cards Tournament

Are you a chess or dominoes or Card master? Come challenge each other for intense rounds of chess and dominoes and various card games.

### Some of the Films that we will show during the ride around the country on our Luxury VIPP Bus.

- 1: Marcus Garvey Documentaries about his legacy
  - 2: Sankofa—Cape Coast Dungeons Ghana by Haile Gerima
  3. Life & Debt—IMF Economic Impact by Stephanie Black
  4. Through the Door of No Return—Reconnection at the
  5. Elmina Holocaust Dungeons by Shirikiana Aina.
  6. Chewicide—Health & Wellness by Keidi Awadu
  7. The Corporation— An analysis of the dominant institution
- And various other options of video to watch on tour bus.

**All other optional activities will be announced during the tour.**



## Night Life



Enjoy beautiful night life in Ghana throughout the tour hosted by Bomani and the crew.



Have a toast and enjoy the energy of night life with Bomani and the crew.



**GYNAME  
“EXCEPT FOR GOD”  
SUPREMACY OF GOD**

**Do's**

- ◆ **Come with open eyes and an open mind, knowing that Ghana is a developing nation. There is much to do and we can be a positive and contributory part of it. Keep in mind that Ghana/ Africa is not America or Europe, nor do we want it to be.**
- ◆ **Do drink plenty of bottled H<sub>2</sub>O.**
- ◆ **Do wear light weight clothing.**
- ◆ **Use adapters for your electrical appliances.**
- ◆ **Protect your passport.**
- ◆ **Do secure your money in multiple locations within your luggage.**
- ◆ **Only eat at sites outlined by the Tour Leader. (The food in Ghana is superb. Be sure to be open minded, it is considered rude for you to make a face. If something does not agree with your taste buds, simply push it to the side.) The fresh fruits and vegetables taste significantly different and food portions are much smaller from those in America.**
- ◆ **Do take advantage of the breakfast that will be prepared each morning.**
- ◆ **Do maintain an open mind.**
- ◆ **Secure your money properly and be aware of pickpockets in crowded places.**
- ◆ **Do greet Ghanaians before requesting any service.**
- ◆ **Do remember that it takes longer to move a group than an individual, so be patient.**



**ADINKRAHENE  
“CHIEF OF THE ADINKRA  
SYMBOL”  
SYMBOL OF GREATNESS,  
CHARISMA AND LEADERSHIP**

## **Don'ts**

- ◆ **Do not come with a romanticized notion about Ghana/ Africa or you will be disappointed and unnecessarily frustrated.**
- ◆ **Don't expect to find things the same as in the U.S/ Diaspora.**
- ◆ **Never drink unbolted water nor use ice cubes.**
- ◆ **Never take pictures of the airport, police nor military personnel.**
- ◆ **Never take pictures of Ghanaians unless you ask permission, and please be prepared to tip.**
- ◆ **Never cross your legs in a house of worship or in front of a Chief, or a person of higher status or rank—this is considered very offensive.**
- ◆ **Do not let other travelers get on your nerves. (Just take a deep breath and relax, YOU'RE IN GHANA!)**
- ◆ **Do not judge the people of Ghana.**
- ◆ **Never use the American circular finger and thumb “OK” sign as this is considered obscene.**
- ◆ **Never ask a Ghanaian, “Are you crazy or mad?” It is a big insult —almost unforgivable.**
- ◆ **Never wave with your left hand (this is considered offensive).**

# Tour Overview

## **AFRICA FOR THE AFRICANS PRESENTS GHANA REPATRIATION & INVESTMENT TOUR July 11 - 23, 2024**

### **Tour Includes**

- Ø Transportation & Tours throughout Ghana
- Ø Daily Exercise and Meditation Sessions
- Ø Daily Continental Breakfast & Gourmet Dinner
- Ø Cultural Ceremony & Ancestral Celebration
- Ø Hotel Accommodations Double Occupancy
- Ø Business & Investment Conference/ Networking
- Ø Entrance and Access to all Sites & Activities

### **Not Included**

- Ø Lunch, Group Tips of \$100 and Camera/ Camcorder Fees at Sites

### **ACCRA, LEGON & ABURI MOUNTAINS 4 DAYS**

- Ø City Tour including Black Star Square - Independence Arch
- Ø The W.E.B. DuBois Center - George Padmore library
- Ø Kwame Nkrumah Memorial Park - The Arts Center
- Ø The University of Ghana Campus Tour and Book Store
- Ø Walk through Century old Aburi Botanical Gardens
- Ø Stop outside of Rita Marley's house the home of Studio 1
- Ø Trinity Home Foundation School in Tutu
- Ø Aburi Wood Carving Village
- Ø Ningo/ PramPram Community Tour
- Ø Abomah's Ocean View Restaurant and Guest House Tour
- Ø Memorial wall of 90+ Large Portrait of our Ancestors
- Ø Repatriation and Investment Conference/ Network
- Ø Lodging at the MJ Grand Hotel in East Legon

[www.mjgrandhotelghana.com](http://www.mjgrandhotelghana.com)

### **KUMASI IN THE ASHANTI REGION 3 DAYS**

- Ø Tour Kwame Nkrumah University of Science & Technology
- Ø City Tour of Kumasi - Statue of Prempeh - Kumasi Fort
- Ø The City Center - The Culture Center
- Ø Craft village of Bonwire home of the world famous Kente Cloth
- Ø Craft village of Ntonso The Center of the Kuntunkuni (Mourning Cloth) and Adinkra Cloth
- Ø Journey to Ahwia the Center of The Carving industry
- Ø Lodging at Miklin Hotel in Kumasi

[www.miklinhotels.com](http://www.miklinhotels.com)



# Tour Overview

## **ELMINA & CAPE COAST IN THE CENTRAL REGION 3 DAYS**

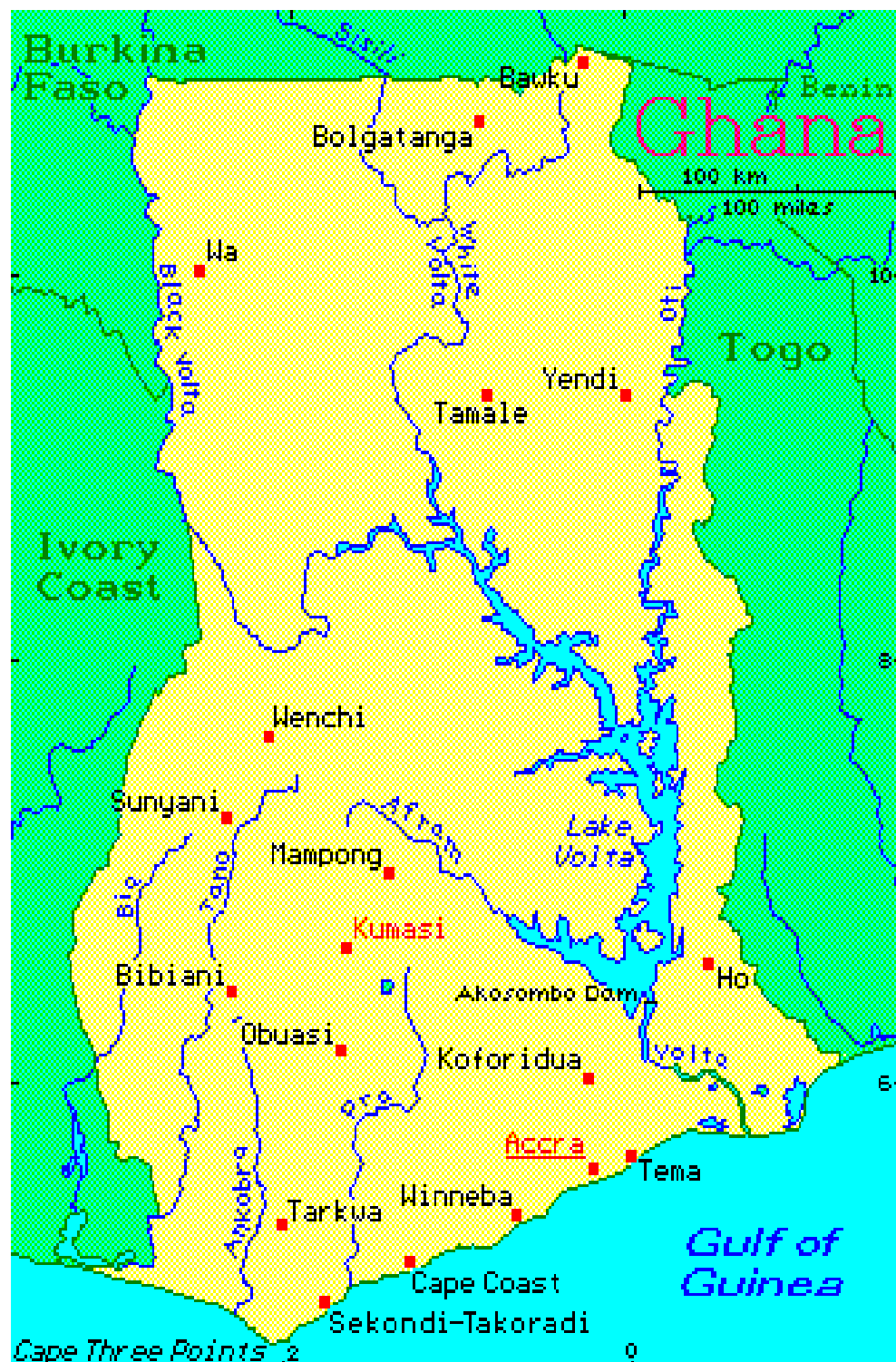
- Ø Assin Manso the last Bath of our enslaved African Ancestor
- Ø Cape Coast Holocaust Dungeons
- Ø Cape Coast University Campus Tour
- Ø Canopy Walk Tour of Kakum National Park
- Ø Networking with the One Africa Family in Elmina
- Ø Black Star Pan-African 75 Acres Community in Gyaahadze
- Ø Donations & School Supplies to Akoma Academy in Elmina
- Ø Lodging at Coconut Grove Resort in Elmina

[www.coconutgrovehotelsgh.com/beachresort](http://www.coconutgrovehotelsgh.com/beachresort)

For questions and additional info visit our website

[www.africafortheafricans.org](http://www.africafortheafricans.org) and Contact Tour Organizer: Bomani Tyehimba at (404) 931-9429 or [afta2010@msn.com](mailto:afta2010@msn.com)







FUNTUNFUNEFU  
DEKYEMFUNEFU "SIAMESE  
CROCODILE"  
DEMOCRACY,  
UNITY IN DIVERSITY

# **AFRICA FOR THE AFRICANS**

## **PRESENTS**

### **GHANA REPATRIATION & INVESTMENT TOUR**

#### **JULY 11-23, 2024**

Welcome to the journey of a lifetime everyone. Join us for a real cultural experience on an incredible 4 Region tour throughout Ghana, West Africa. This includes the Greater Accra Region, the Eastern Region, the Ashanti Region, and the Central Region. Don't miss out on this opportunity to reconnect with our people, and land to enjoy paradise in the tropics, networking with the group. Learn about the roots, culture, repatriation, investment opportunities, and more. Africa is the future; see you in the motherland.

#### **DAY 1 THURSDAY JULY 11 DEPART to ACCRA via AMSTERDAM or LONDON**

American Airlines / British Airways passengers proceed to your departure flight to connect to London Heathrow (LHR) Airport in the United Kingdom. Delta Airlines / KLM Airlines passengers proceed to your departure flight to connect to Amsterdam (AMS) Airport in the Netherlands and arrive on July 12.

#### **DAY 2 FRIDAY JULY 12 WELCOME to ACCRA, GHANA**

Arrive in London on July 12 for group meet and greet at 10:45 AM at British Airways Ghana Departure gate at London Heathrow Airport. Flight departs at 12:40 PM on British Airways flight # BA0081 to Accra, Ghana. Arrive at Kotoka International Airport in Accra, Ghana at 6:20 PM.

Arrive in Amsterdam on July 12 for group meet and greet at 1:30 PM at KLM Airlines Ghana Departure gate at Amsterdam Airport. Flight departs at 3:20 PM on KLM Airlines flight # KL0589 to Accra, Ghana. Arrive at Kotoka International Airport in Accra, Ghana at 7:50 PM. Our Ghana staff will escort us from baggage claim or Airport exit to the bus for a 15-minute drive to transfer to MJ Grand Hotel. Check-in, relax, and get ready for the morning. Overnight at MJ Grand Hotel Accra. [www.mjgrandhotelghana.com](http://www.mjgrandhotelghana.com)

#### **DAY 3 SATURDAY JULY 13 ABURI & TUTU MOUNTAINS/ LEGON**

Wake-up call, morning exercise, and breakfast. 8:30 AM ready time for a 45-minute to 1-hour drive to Aburi and Tutu in the Mountains. Stop by Rita Marley Studio and Foundation to take pictures outside. Visit Trinity Home Foundation a School in Tutu to donate school supplies. Shop at Aburi Wood Carving Village. Take a walk through Aburi Botanical Gardens. Visit the University of Ghana for a campus tour. 7 PM Enjoy dinner and nightlife at Tropical Jamaican Restaurant. Enjoy an incredible Ghanaian/Jamaican buffet with great music and social gatherings. Overnight at MJ Grand Hotel Accra.

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# TOUR ITINERARY Cont'd



SANKOFA  
“RETURN AND GET IT”  
LEARN FROM THE PAST

## **DAY 4 SUNDAY JULY 14 MEET REPATRIATED AFRICANS in NINGO/ PRAMPAM COMMUNITY**

Free day good for final shopping leisure and more. Optional tour ready time 8:30 AM and return by 4 PM. Depart the hotel for 45-minute to 1-hour drive to meet and network with repatriated Africans in the Ninggo/Prampam community by the city of Tema. We will visit the African Ancestral Wall. Its 90 large portraits are meant to remind visitors of the power, courage, and brilliance of those who have come before us. Lunch at Abomah's Ocean View Restaurant which serves local and continental meals. Return to the hotel for a 4 PM Pool Party. 7 PM Dinner at a hotel or restaurant out in the East Legon. Various nightlife options. Overnight at MJ Grand Hotel Accra. [www.mjgrandhotelghana.com](http://www.mjgrandhotelghana.com)

## **DAY 5 MONDAY JULY 15 ACCRA CITY TOUR – REPATRIATION and INVESTMENT BUSINESS CONFERENCE**

Wake-up call, morning exercise, and breakfast. 8:30 AM Ready time for Accra City tour including Kwame Nkrumah Memorial Park, the Culture Center, Independence Square, George Padmore Library, and the WEB Dubois Center. 6 PM Dinner at the hotel restaurant. Main event 7 - 9 PM Repatriation and Investment Conference with Africans born in the Diaspora and local business people. Social gathering for nightlife in the East Legon neighborhood. Enjoy the scenery, great music, and networking. Overnight at MJ Grand Hotel Accra. [www.mjgrandhotelghana.com](http://www.mjgrandhotelghana.com)

## **DAY 6 TUESDAY JULY 16 BLACK STAR PAN-AFRICAN COMMUNITY - ACCRA to ELMINA/ CAPE COAST - CENTRAL REGION**

Wake-up call, morning exercise, and breakfast. Move all bags to the designated departure area by 7 AM. Check out of rooms by 8 AM at MJ Grand Hotel. Estimated 9 AM departure for a 2-hour drive to see our future Black Star Repatriation & Pan-African Community along with land Investment opportunities in the Central Region. Drive through Cape Coast University. Check into Coconut Grove. 7 PM Dinner and various nightlife options. Overnight at Coconut Grove Resort. [www.coconutgrovehotelsgh.com/beachresort](http://www.coconutgrovehotelsgh.com/beachresort)

## **DAY 7 WEDNESDAY JULY 17 CAPE COAST AFRICAN HOLOCAUST DUNGEONS**

Wake-up call, morning exercise, and breakfast. Dress in your all-white outfits for our first ancestral reconnection day. 9 AM Depart for the Cape Coast Holocaust Dungeons where many of our ancestors were held before shipment across the Atlantic during the European slave trade of Stolen Africans after going through the Door of no return. Return to the resort in the afternoon to relax and enjoy paradise. 7 PM Dinner and various nightlife options. Overnight at the Coconut Grove Resort. [www.coconutgrovehotelsgh.com/beachresort](http://www.coconutgrovehotelsgh.com/beachresort)



## **DAY 8 THURSDAY JULY 18 AKOMA ACADEMY DONATIONS - KAKUM NATIONAL PARK**

Free day good for final shopping, leisure at Coconut Grove Resort Beach, and more. The optional tour departs at 10 AM for an adventure to the Kakum rain forest for the Canopy Walk and hike tour. Return to the resort in the afternoon to relax and enjoy paradise. 7 PM Dinner at Coconut Grove Resort and various nightlife options. Overnight at the Coconut Grove Resort. [www.coconutgrovehotelsgh.com/beachresort](http://www.coconutgrovehotelsgh.com/beachresort)

## **DAY 9 FRIDAY JULY 19 ASSIN MANSO/ KUMASI – CENTRAL/ ASHANTI REGION**

Wake-up call, morning exercise, and breakfast. Check out of Coconut Grove at 9 AM. Dress in your Pan African colors of Red, Black, Green & Gold combination outfits for our second ancestral reconnection day. Leave Elmina for 1 one-hour drive to Assin Manso Old slave market for the full tour. Then a 4-hour drive to Kumasi to check in the Miklin hotel. 7 PM Dinner at the hotel and various nightlife options. Overnight at Miklin Hotel Kumasi. [www.miklinhotels.com](http://www.miklinhotels.com)

## **DAY 10 SATURDAY JULY 20 KUMASI – SHOPPING at CULTURAL VILLAGES/ CENTERS**

Wake-up call, morning exercise, and breakfast. 8:30 AM ready time to drive through the Kwame Nkrumah University of Science & Technology for Campus Tour. Kumasi City Tour and Neighboring Craft Villages including Bonwire the famous Kente cloth weaving, Ntonso for Kente Weaving, and Adinkra Printing and Wood Carving village. More shopping at the Culture Center. Lunch at Ike's Cafe and Grill. Return to the hotel for a 4 PM Pool Party. 7 PM Dinner at hotel and social gathering with group. Various nightlife options. Overnight at Miklin Hotel Kumasi. [www.miklinhotels.com](http://www.miklinhotels.com)

## **DAY 11 SUNDAY JULY 21 KUMASI – ASHANTI PALACE MUSEUM and CULTURE CENTER**

Wake-up call, morning exercise, and breakfast. 8:30 AM ready time for the Kumasi City Tour and the Manhyia Ashanti Palace Museum. The actual palace is behind the museum where the seat of the Asantehene of Asanteman, as well as his official residence. More shopping at the Culture Center. Lunch at Ike's Cafe and Grill. Return to the hotel for a 4 PM Pool Party. 7 PM Dinner at hotel and social gathering with group. Various nightlife options. Overnight at Miklin Hotel Kumasi. [www.miklinhotels.com](http://www.miklinhotels.com)

## **DAY 12 MONDAY JULY 22 DEPART KUMASI to ACCRA to ATLANTA via AMSTERDAM**

Wake-up call, morning exercise, and breakfast. Move all bags to the designated departure area by 8 AM. Check out of rooms by 9 AM at Miklin Hotel. Estimated 10 AM departure for a 5-hour drive early farewell dinner at 4 PM in the city. After dinner depart for a short drive to check into Accra Airport at 7:00 PM for a 10:20 PM departure on British Airways flight # BA0117 to London. The other departure flight is at 11:05 PM departure on KLM Airlines flight # KL0590 to Amsterdam, Netherlands.

## **DAY 13 TUESDAY JULY 23 END OF TOUR RETURN to NYC to ATLANTA**

Arrive at London Heathrow Airport, United Kingdom at 6:15 AM or arrive at Amsterdam Airport in the Netherlands at 7:35 AM on Tuesday, July 23. Proceed to your USA connection flight. This is the end of the Ghana tour. Thanks for joining us on the Journey of a Lifetime.

**(Note this itinerary may change slightly for logistic and operational efficiency)**

## Hotel Accommodations

Your hotel accommodations will make all the difference in creating a memorable visit back home to Africa. With that in mind, AFTA Tour organizers have carefully selected a group of wonderful Black-owned and operated hotels, and guest houses that meet AFTA criteria and provide the cultural experience that cannot be matched by any five star European-owned hotel. *It is also part of our mission at AFTA to support locally owned Black businesses 100%.*



### **MJ GRAND HOTEL- ACCRA**

Located in East Legon, Accra, this is a 3 star deluxe hotel with a restaurant, an indoor and outdoor bar, a business center with internet services and a swimming pool.

+233 540 274 463 +233 271 290 330

[info@mjgrandhotelghana.com](mailto:info@mjgrandhotelghana.com)

[mjgrandhotelghana.com](http://mjgrandhotelghana.com)





Coconut Grove Beach Resort has become an important land mark in Elmina, in the town that has the historic world heritage Elmina Castle & St Jago Fort. It has become the hotel of choice for rest and relaxation.

**Coconut Grove Beach Resort**  
**Elmina, Central Region-Ghana**

**Tel.: (+233) 244333001—Tel: (+233) 263000678**

**Tel: (+233) 263000689**

**[www.coconutgrovehotelsgh.com/beachresort](http://www.coconutgrovehotelsgh.com/beachresort)**



MIKLIN hotel Kumasi is IMIKLIN hotel Kumasi is a 3 star deluxe hotel with a restaurant, an indoor and outdoor bar, a business center with internet services, exercise room and a swimming pool.

Off Major Kobinna Drive - Kumasi - Ghana (West Africa)

Tel: 233 0322 39121-5 - **[www.miklinhotels.com](http://www.miklinhotels.com)**



# GHANA ORIGINAL 10 REGIONS



## (EASTERN REGION) AKOSOMBO/ KOFORIDUA



The Eastern Region of Ghana is home to one of the friendliest and most excessively polite people in the country. Split into unequal halves by the vast Volta Lake, and one of its tributaries, the Afram River, the region conjures up lots of fantasy in the minds of many Ghanaians. The Eastern Region is sandwiched between five of the remaining nine regions of the country. The region is a rich blend of dramatic landscape, historic relics and traditional cultures. Indeed, the ancient impressively blends with the 21st century in this region that is close but a striking contrast to Accra. Two of the monuments of Ghana's first President, Dr. Kwame Nkrumah, are here, built on his assumption of office after independence. These are the Akosombo Dam, the largest supplier of electricity to the country and the Senchi Bridge. The Dam is built on a gorge created by the River Volta in the region at Akosombo town. The famous Senchi Bridge at Atimpoku links the rest of the country to the Volta Region in the middle. The Eastern Region is famous for its large areas of lush tropical forest, cascading falls, and endangered birds and insect species. It is home to the biggest tree in the entire West African sub-region.

If there is anything that has revolutionized the Ghanaian economy in the last two centuries, it is cocoa. The first cocoa seed ever planted in the Gold Coast (former name for Ghana) was at Mampong in the Eastern region. The home of Tetteh Quarshie, who bought the cocoa seed from Fernando Po, remains an attraction for many visitors. The Eastern Region contains Ghana's only commercial diamond mine at Akwatia. Despite losing some appeal following the general economic problems, the diamond industry remains an important part of the region's economy.

**Note: Beyond the sites in Aburi Mountains, we will only be passing through parts of this region. This region is being highlighted because of the importance of Lake Volta and the Volta Dam.**



## GREATER ACCRA REGION



Accra stretches along the Atlantic Coast and North into the Interior. Its architecture ranges from large and elegant 19th Century colonial buildings to skyscrapers and apartment blocks. Shanty towns at the city's edges are where the majority of Accra's ever expanding population can be found. The center of Accra contains the main banks, the large department stores, the Cocoa Marketing Board Headquarters, and a whole area known as the Ministries, where the government administration is concentrated.

The dusty roads that lead into Central Accra are lined with open fronted shacks, and stands selling everything from cooked food to electrical goods. Women sit at the road side with their babies strapped to their backs selling oranges, yams and plantains from basins in front of them. This is how most people who live in the shanty towns make a living. The Central Makola Market covers a wide stretch and is very busy.

The residential areas are to the North and West of Accra. In the wealthy areas are two story houses, some elegant colonial houses with wide verandas on stilts, and many of the middle-range homes (mainly occupied by government workers) that are concrete bungalows with corrugated roofs. On the outskirts of Accra some concrete blocks of flats have been built to house the ever expanding population of Accra. Among the highlights of Accra are the National Museum, the National Theatre, the National Cultural Centre, Independence Square, the Kwame Nkrumah Mausoleum: the fishing port at James Town, Makola Market and the University of Ghana.

## TOUR SITES AROUND ACCRA



### **Kwame Nkrumah Memorial Park and Mausoleum**

This national park was erected in memory of Osagyefo (the Messiah) Doctor Kwame Nkrumah, Ghana's first president and one of its founding fathers. Built on a former British polo field, it was the point where Nkrumah declared independence in 1957. The park consists of five acres of land and holds a museum tracing Nkrumah's life. There are many personal items

on display, but the centerpiece is the mausoleum, Nkrumah and his wife's final resting place. Tours in English can be taken. Kwame Nkrumah is an essential part of Ghana's history, and a good half-hour here will fill you in on most of the details. Events are held on Independence Anniversary celebrations on March 6th, and the Celebration of Emancipation Day on August 1st.



### **George Padmore Research Library**

The library stores information about the black society of the Caribbean, and people of African and Asian descent. George Padmore (1902-959), was a dedicated Pan Africanist and anti-colonialist. He was very influential in the 20th century independence struggles. The collection at the library includes archives on cultural, educational and political campaign groups, journals, newspapers, books,

pamphlets, and publications by social and anti-racist organizations between the 1960-1990. Major collections relate to the Caribbean Artists, the Black Education and Supplementary Schools, and the Black Parents Movements, the New Cross Massacre Campaign, the International Book Fair of Radical Black and Third World Books and the accompanying Book Fair Festivals, 1982-1995.

## TOUR SITES AROUND ACCRA



**W.E.B. Du Bois Memorial Centre for Pan-African Culture** honors William Edward Burghardt Du Bois, the African-American civil rights activist, who became a citizen of Ghana in the 1960s. He was known as the 'Father of Pan-Africanism.' The center, where he and his wife once lived, and where they are now buried, houses his personal library, a small museum with a handful of personal things such as his graduation robes. The

couple's mausoleum is surrounded by Asante stools, a seminar room, a restaurant, a gallery, an amphitheater and a research center for Pan-African history and the Marcus Garvey Guest House.



**Black Star Square, also known as Independence Square** is a public square bordered by the Accra Sports Stadium and the Kwame Nkrumah Memorial Park. It is the second-largest city square in the world after Tiananmen Square in China. Independence Square has stands that have 30,000 seating capacity. The square boasts two monuments: the Independence Arch and the Black Star Monument, also known as the Black Star Gate. Black Star Square is a site for Ghana's

Independence Day parades, which falls on March 6th every year. It also hosts all major national public gatherings and national festivals. The Independence Arch, at the center of the busy roundabout, is also known as Black Star Square, thanks to the motif that dominates the arch. The sculpture is a nod to Ghana's acclaim as the 'Black Star of Africa': it was an inspiration to other African countries vying for independence and the Flame of African Liberation, lit by Kwame Nkrumah, still burns strongly nearby.



## TOUR SITES AROUND ACCRA



**The Centre for National Culture** in Accra known simply as “The Arts Centre.” It is situated right next to the Kwame Nkrumah Memorial Park, where the Kwame Nkrumah Museum is. There you will find what is virtually the tourist heaven of Ghana. My goodness, it has got everything from woven Kente cloth, wooden sculptures, Earrings, and other

fashion accessories, the latest in African Attire fashion and arts and crafts from all over Ghana. There is so much to see that you will literally hyperventilate when you get there. There is a never ending array of goods in numerous stalls that you may not even be able to shop, try outfits and haggle in one day.



**Makola Market** is a renowned market place and shopping district in the center of the city of Accra, the capital of Ghana. One can find a wide array of products being sold in the markets and its surrounding streets, from car parts to land snails. The market, dominated by female traders, sells fresh produce, manufactured and imported foods, clothes, shoes, tools, medicines, and pots and pans. Jewelry made from

locally handcrafted beads can also be found for sale in the market.

## Ningo/Prampram Community Outside of ACCRA



The African Ancestral Wall is in the Ningo/Prampram area of Ghana. It's 90+ large portraits remind us of the power, courage and brilliance of those who have come before us. Abomah's Ocean View Restaurant serves local and continental meals, and has become a favorite in the area. There are also guest rooms now available, all moderately priced for the area. Contact Jerry in Ghana # 011 233-244-077-825 and E-mail [ejjohn12m@gmail.com](mailto:ejjohn12m@gmail.com) and FB.

[www.facebook.com/AfricanAncestralWall](http://www.facebook.com/AfricanAncestralWall)





# African Ancestral Wall - 90+ Large Portrait



## SITES IN ABURI ON THE MOUNTAIN



**The Aburi Botanical Gardens** is one of the most beautiful, peaceful and fascinating places in Ghana. Opened in March, 1890 and overlooking the Accra coastal plain, from an elevation of 370 to 460 meters above sea level. This would be equivalent to 1,115-1,505 ft. The Aburi Botanic Garden is a must experience for all who visit Ghana. Its serenity makes it an ideal place for the stressed who wants relief.



### **Aburi Wood Carving Village**

Just one hour outside of Accra is the village of Aburi, famed for its wood-carvings. Here visitors can find traditional Ashanti tribal masks and sculptures rich in color. The trip here alone is worth a few pictures, winding your way up mountainous hills overlooking Accra.

### **Rita Marley Foundation & Studio 1**

The Akwapim Mountain recording studio and residence of Rita Marley, widow of reggae legend Bob Marley, Located at a place called French Line, not far from Aburi in the Akwapim South District of the Eastern Region, the Rita Marley Recording Studio was stocked with materials of tourist potential.



## (ASHANTI REGION) KUMASI



The ancient capital of the Ashanti Kingdom, Kumasi is still the heart of the Ashanti country and the site of West Africa's largest cultural center, the Palace of the Ashanti King. To add to the appeal, it is surrounded by rolling green hills and has a vast central market as vibrant as any in Africa. The city's major attraction is the **National Cultural Center**, a 10 minute walk West of the market. The sprawling complex encompasses a fascinating museum of Ashanti history, a popular library, an excellent crafts shop and exhibition hall. One of the city's more interesting exhibits is the fake golden stool used to trick the British, who'd heard that the Golden Stool held the strength of the Ashanti Empire and demanded it be brought to them. It was decades before they discovered the ruse. The real stool is kept at Manhyia Palace and is brought out only on special occasions. It is so sacred that not even the King is allowed to sit on it and it is never allowed to touch the ground. In the villages near Kumasi, artisans specialize in crafts such as goldsmithing, wood carving, cloth printing and weaving. Bonwire is the place to go for Kente cloth. Pankroni is best for Pottery. Ahwlaa for Woodcarving and Ntonso for Adinkra Cloth.





## ASHANTI CRAFT VILLAGES

The Ashanti Region of Ghana, with Kumasi at its heart, is famous the world over for its crafts. Some of Ghana's top artisans are in the business of Ashanti crafts such as Kente cloth weaving, wood carving, brass smithing, pottery making and glass bead making. While you can find any of these items within the city of



Kumasi, you can see how they're made and buy from the sources with visits to the surrounding Ashanti craft villages.

Scattered in the rural areas surrounding Kumasi, you'll find a string of small villages, each specializing in a certain craft item. In Pankronu, located just

two miles (3 kilometers) North of Kumasi, residents throw beautiful black and red pottery using only hand tools; you'll see pieces in all shapes and sized drying in the sun throughout the area. A few miles further North, the village of Ahwiaa is famous for Ashanti-style wood carvings, and shops line the streets where

you can watch as masks, dolls, stools and other items are made.

Keep heading North and you'll reach Ntonso, a village famous for the intricately patterned Adinkra cloth, used during ceremonial events.

Watch as the artists apply the designs with traditional stamps. In nearby Bonwire, only the men are allowed to operate the looms that weave

the colorful kente cloth Ghana is famous for. Traditional brass smiths who still use the lost wax method have their shops in Ampabame Krofrom Village, while glass beads are a specialty in Asuofia-Asamang nine miles (15 kilometers) South of Kumasi.





## (ASHANTI REGION) KUMASI



Located on the Bantama road, just five minutes from the Kejetia Circle, this is a good place to start exploring The Ashanti region. Set up to create a venue for the reinforcement of Akan culture where folklore and cultural displays often take place, the very helpful regional tourist office located here can give you information on any new tourist developments. There is an excellent crafts market located here, also Maps of Kumasi can be bought here.

The Culture Center is one of the biggest of its kind and is impressive. There is a museum of Ashanti history (Prempeh II Jubilee Museum), a library, a book store, a restaurant (Kentish kitchen), an excellent crafts shop and an exhibition hall. This is where you can buy souvenirs of the highest quality, and for a decent price. The great thing is that it is very close to the center and it is very accessible. The whole complex is large and it feels like it is a small village within it and actually quite pleasant just walking inside it.

## CENTRAL REGION SITES



**Assin Manso** is located 40km from Cape Coast along Cape coast-Kumasi highway. There are prominent signboards and visitor centers to be found on the east side of the highway as you enter the town. Trained tour guides are there to take visitors around. Assin Manso was the final link in the key slave route from Northern Ghana, and was known to have been the largest enslaved African market for merchants supplying enslaved Africans to the forts and dungeons on the coast. On arrival at Assin Manso, stolen Africans were rested, washed, sorted and allowed to recover from their arduous journey from the hinterland. The river where slaves washed is known as **NDONKO NSUO**, meaning



Slave River or Slave Water. The stopover at Assin Manso was an economic imperative by the slave trader. By cleaning, resting and recuperating his Stolen Africans for several days or weeks at Assin Manso, he could guarantee a higher price upon arrival at the trading forts and dungeons at the coast.

## HOLOCAUST DUNGEONS

Imagine walking in the coffle lines, dog tired, stunned, chained, roped or otherwise bound to other Africans from the villages, campuses, ambushes and battles you have been captured in. Visualize walking like this for months on end (because a thousands miles was not an unusual distance for these “death marches”), see yourself trudging past already gorged animals leisurely picking and feeding off the collection of fresh and decomposing bodies and skeletal remains of the one out of every three Africans who had been chained and beaten down on this trail of blood and tears before you. Once chained to others, these “bodies,” whether dead or living but unable to go any further were loosened from their shackles by key, hammer or simply chopping off their hands at the wrist or forearm to save time for those of us who were unable to escape the inhumanities of the coffles. We can picture finally arriving at one of the 360 fortified and heavily armed, monstrous and forbearing whitewashed structures of stone and mortar that Europeans still call castles. “Imagine calling these dungeons castles” (Baruti).

Simply because we choose to forget a traumatic event, simply because we don't know our history or may not have heard of it, does not mean that the history does not control our behavior. One of the most profound things that we've learned in psychology is that the most powerful forces that shape human behavior are those factors that are consciously not remembered, that are unknown by the person, and are those experiences that an individual can swear he's never had. That is one of the paradoxes of human behavior: that the very things that shape us and make us behave the way we do and see and relate to other people the way we do, are those things that occur in our lives at points we cannot remember or recall (Amos N. Wilson).



## CAPE COAST HOLOCAUST DUNGEONS



Most historians believe that Cape Coast Castle was originally built as a small trading lodge which was subsequently added to and enlarged until it became a fortification. In 1637 the lodge was occupied by the Dutch. Then, in 1652, it was captured by the Swedes, who named it Fort Carolusburg. For a time, both the local people and various European powers fought for and gained possession of the fort.

Finally, in 1664, after a four-day battle, the fort was captured by the British and re-named Cape Coast Castle. The Castle served as the seat of the British administration in the then Gold Coast (Ghana) until the administration was moved to Christianborg Castle in Accra on March 19, 1877. Slaves were kept at Cape Coast Castle in dungeons while awaiting transport to the new world. Around 1000 male and 500 female enslaved Africans occupied the castle at any one time in separate dungeons. Each African would be locked up for 6 to 12 weeks, waiting for their turn to board one of the ships. The dungeons must have been unbearable with hundreds of Africans crammed in together and no toilet facilities. There were only a few windows to let in fresh air, and a channel down the middle to carry away urine and feces which completely covered the floor of the dungeons.





## ELMINA HOLOCAUST DUNGEONS



Built in 1482 by Portuguese traders, Elmina Castle was the first European slave-trading post in all of sub-saharan Africa. Located on the Western coast of present-day Ghana, it was originally built to protect the gold trade but following its capture by the Dutch in 1637, it came to serve the Dutch slave trade with Brazil and the

Caribbean. The castle came under British ownership in the 1800s. Elmina, like other West African slave fortresses, housed luxury suites for the Europeans in the upper levels. The enslaved African dungeons below were cramped and filthy, each cell often housing as many as 200 people at a time, without enough space to even lie down. The floor of the dungeon, as result of centuries of impacted filth and human excrement, is now several inches higher than it was when it was built. Outbreaks of malaria and yellow fever were common. Staircases led directly from the governor 's chambers to the women's dungeons below, making it easy for him to select personal concubines from amongst the women. At the seaboard side of the castle was the *Door of No Return*, the infamous portal through which enslaved Africans boarded the ships that would take them on the treacherous journey across the Atlantic known as the Middle Passage. By

the 18th century, 30,000 slaves on their way to North and South America passed through Elmina's Door of No Return each year.



## (CENTRAL REGION) Kakum National Park



The Kakum National Park has been established in 1932 and used for the last 50 years for the extraction of timber. The park officially opened in 1994. Ghana provides institutional support to the Ghana Heritage Conservation Trust to ensure the sustainability of Kakum National Park. Half an hour's drive, about 20 kilometers North of Cape Coast, Kakum National Park's verdant slice of semi-deciduous rainforest

offers a fresh green alternative to the bustling cities. Located in the Central Region of Ghana and covers 360 square kilometers of Ghana's rapidly dwindling rainforest.

The 607 square kilometers (234 square miles) of protected rainforest are home to an assortment of wild residents, including forest elephants, giant hogs, flying squirrels, leopards and various species of monkeys. However, with much of the elusive wildlife buried deep in the forest's flora, there's little chance of seeing anything more than a millipede or two unless spending a night on an organized camping trip. For those content with gazing at the

greenery to a soundtrack of birdcalls, try the canopy walk, elevated 40 meters above the forest floor, the 350m-long wooden walkway and various viewing platforms offer spectacular, vertiginous views of the park, although it is unlikely much wild-life will be seen.



## **LIBATIONS**

**An African proverb tells us that a people who lack the knowledge of their past is like a tree without roots. So, in the spirit of remembrance, we pour this libation. We pour to honor the past, so that we may learn from it. We pour to honor the importance of family. We raise our cup to the Creator to show our reverence for the original source of our lives. We use cool water to freshen the road our ancestors traveled to be here with us today. We use cool water as a symbol of the continuity of life, to purify and to nourish our souls. We pour to celebrate the new people joining the Africa for the Africans family.**

**It is said that through others, we are somebody. Through this group, we broaden our family circle, remember and honor our heritage. We call upon our ancestors -- our mothers, grandmothers and great grandmothers, our fathers, grandfathers and our great grandfathers, uncles, aunts and cousins -- the foundations of our families, immortalized in our thoughts.**

**We call upon our elders, whose wisdom we seek in all endeavors. Our friends whom we are blessed to have in our lives, our parents who guided us along the road. We call upon family who have passed over before they could make it to the Motherland and those who could not be here today. We ask that they be with us in our thoughts. We call upon our ancestors who never left the continent and who suffered greatly as we were snatched away. For we know that they have been waiting for us to return, therefore we cast our libations to the North, to the South, to the East and to the West.**

**We wish everyone a truly African experience.  
ASE'**



# UNIVERSITIES OF GHANA CAMPUS TOURS



**The University of Ghana** is the oldest and largest of the thirteen Ghanaian universities and tertiary institutions. It was founded in 1948 as the University College of the Gold Coast. It gained full university status in 1961, and now has nearly 40,000 students. The original emphasis was on the liberal arts, social sciences, basic science, agriculture, and medicine, but (partly as the result of a national educational reform program) the curriculum was expanded to provide more technology-based and vocational courses and postgraduate training.



**Kwame Nkrumah University of Science and Technology** is located in Kumasi, Ashanti, Ghana. The Kwame Nkrumah University of Science and Technology is the Largest public university established in the country as well as the largest University in Kumasi Metropolis and Ashanti. The University has its roots in the plans of, the King Asantehene Agyeman Prempeh I, to establish a University in Kumasi as part of his drive towards modernization of his Ashanti kingdom.



**The University of Cape Coast** is a university in Ghana. The university was established in 1962 out of a dire need for highly qualified and skilled manpower in education and was affiliated to the University of Ghana. It was established to train graduate teachers for second cycle institutions such as teacher training colleges and technical institutions, a mission that the two existing universities were unequipped to fulfill.



# School Supplies for the Children of Ghana

We give thanks to everyone who has made donations to our adopted schools. We are collecting school supplies for the children of Ghana on our upcoming Ghana tour. We are accepting general school supplies including calculators, book bags, rulers, math/science books, graphs, papers, pencils, etc. We are also collecting black doll babies and toys for young children. Anything that you can contribute will be greatly appreciated. School supplies and financial donations go to the schools listed below:



1. Trinity Home Academy in Tutu Mountains outside of Accra
2. Akoma International Academy of Arts & Science in Elmina
3. The Children of One Africa in Elmina
4. Orphanage in Gyaahadze by Black Star Pan-African Community Land



# MORNING EXERCISE

## EAT BETTER . FEEL BETTER . LIVE BETTER

Living a healthy lifestyle is more than eating a healthy meal. A person must consider the wholistic approach and consider their overall health. When the mind, body, and spirit are aligned a person will discover their higher self.

### 5 Basic Exercises

1. Walking, Jogging, Running
2. Jump Roping
3. Jumping Jacks
4. Push Ups
5. Crunches

### Exercise

Benefits of physical activity

1. Help control your weight
2. Reduce your risk of heart disease
3. Improve your mental health
4. Improve your sleep
5. Improve your sex life

Increase your lifespan

These are only a few of the many benefits you will enjoy when daily physical activity is part of your life.

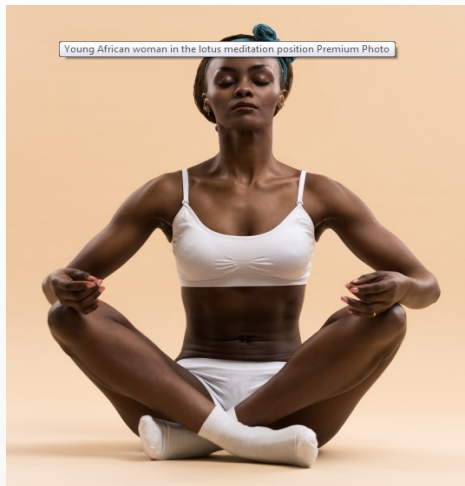
\*\*\*Consult your physician before starting any exercise regime\*\*\*



# MEDITATION & WELLNESS

## EAT BETTER . FEEL BETTER . LIVE BETTER

Meditation is a practice that we all can do. 15 to 30 minutes a day focusing on a peaceful place, listening to soothing sounds, or resting in a quiet room can make a significant impact in one's overall health. Meditation has been known to reduce stress, increase calmness, and bring clarity which promotes happiness. Everyone needs "ME" time to regroup, refocus, and recharge. Let's free our minds and release our souls so that we can rise up as intelligent beings.



## 5 Forms of Afrocentric Meditation

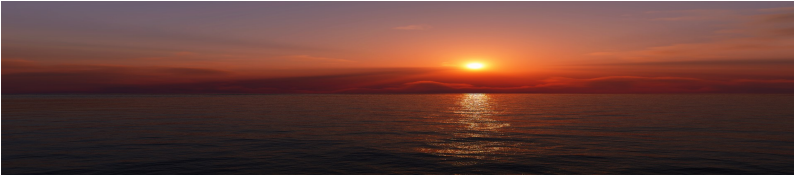
Healing  
Awakening  
Manifesting  
Contemplating  
Transcending

Source: [www.panafricanalliance.com](http://www.panafricanalliance.com)

\*\*\*This information is for educational purposes only.\*\*\*



# DAILY AFFIRMATIONS



- ◆ **DAY 1: EVERDAY IS MAGNIFICENT AND WONDERFUL AND EVERDAY I'M GETTING BETTER AND BETTER AND AFRICAN PEOPLE ARE GETTING BETTER.**
- ◆ **DAY 2: I AM A RADIANT AFRICAN BEING, FILLED WITH LIGHT AND LOVE.**
- ◆ **DAY 3: I AM THE MASTER OF MY LIFE.**
- ◆ **DAY 4: I AM AFRICAN AND I HAVE EVERYTHING I NEED ALREADY WITHIN ME.**
- ◆ **DAY 5: THE MORE I HAVE, THE MORE I HAVE TO GIVE AFRICAN PEOPLE.**
- ◆ **DAY 6: I AM SPIRIT AND I AM NATURALLY ENLIGHTENED.**
- ◆ **DAY 7: PERFECT WISDOM IS IN MY HEART.**
- ◆ **DAY 8: THE MORE I LOVE MYSELF, THE MORE I HAVE TO GIVE TO AFRICAN PEOPLE.**
- ◆ **DAY 9: IT IS OKAY FOR ME TO HAVE EVERYTHING I WANT.**
- ◆ **DAY 10: I AM VIBRANTLY HEALTHY AND RADIANTLY BLACK AND BEAUTIFUL.**
- ◆ **DAY 11: MY HIGHER SELF IS GUIDING ME IN EVERYTHING THAT I DO.**



## Fueling Desire - How to stay motivated all the time

Remember, anything that you fear and dwell upon will manifest in your life, whether it is poverty, ill health, criticism, or love. There is nothing more important than learning the art of keeping your mind focused upon things, conditions, and circumstances in life that you really want. Here are ten essential elements that will fuel your motivation:

1. Develop the right mental attitude.
2. Aspire to something greater than yourself. Develop a “magnificent obsession.”
3. Possess a futuristic outlook; take the long range view and release the past.
4. Develop deep personal integrity. Be someone you can admire.
5. Accept total personal responsibility. Remain in complete control all of the time. Do not be manipulated by people and events. Operate on a personal timetable.
6. Edify and affirm others. Remember nothing is greater than love.
7. Be grateful, not critical. Develop a gratitude-attitude.
8. Select your friends with care. Minimize dependency on others. If you dominate your associates, there is no way for you to expand and grow.
9. Do it now! Decide what habits or changes you wish to alter in your life; make those changes and never let an exception occur.
10. Look for mentors. Mentors who are “larger than life” expand us, mentors in different fields broaden us, and deceased mentors inspire us.

None of these ten elements regarding motivation calls for any formal education or great sacrifice. Each can be verified for its soundness by anyone who understands the power of self-motivation as it relates to achieving a worthy goal.

(From Think and Grow Rich a Black Choice  
by Dennis Kimbro)

# Ashanti Twi

**Twi** (pronounced 'chwee' [tɔwɪ]) specifically Ashanti Twi is a language spoken in Ghana by about 7 million people. It is one of the three dialects of the Akan language, the others being Akuapem Twi and Fante Twi, which in turn belongs to the Kwa language family. Within Ghana, Twi is spoken in the Ashanti Region and in parts of the Eastern, Western, Central, Volta and Brong Ahafo Regions. There are many divisions of the Twi languages, but they are all mutually intelligible. They are all tonal language.

Ashanti Twi is the most widely spoken of the dialects of the Akan language. Akan is spoken by about 44 percent of Ghana's population as a first language, and is also used as a second language by a large number of the remainder. These definitions and phrases are meant to introduce a non-Twi beginner to the spoken language.

	<b>ENGLISH PHRASE</b>	<b>TWI PHRASE</b>	<b>PRONOUNCIATION IN TWI</b>
	Good morning	maakye	MAH CHEE
	Good day/ afternoon	maaha	MAH HA
	Good evening/ night	maadwo	MAH JWO
	Sleep well/ Good night	da yie	DA YEAH
	We will meet again/	yɛbɛhyia	YAA-BAY-SHEE-YAH
	Later	akyire	AY-CHEE-REE
	Safe Journey	nantew yiye	NAN TI YEAH
	Call to attention /Knock Knock	agoo	AH GOO
	Response to a call to attention/ Knock	amee	AH MAY
	How are you?	wo ho te sɛn	WHOA HOE TEH SANG
	I am doing well.	me ho yɛ	MAY HO YEH
	What's up?	ɛtɛ sɛn?	EH-TEH SANG
	I'm fine/ Easy or Cool	eyɛ/ Bokoo	EH-YEH/ BOU KOW
	And you?	na wo nso ɛ?	NAH WHO-NSOH EH
	Hello	ayikoo	AY-YEE-KOOH
	Greetings/ I greet you	mekyɛa wo	ME-CHEE-YA WO
	Welcome	akwaaba	AH-QUAAH-BA
	Responses Father/ Mother/ Sibling/ Child	Yaa Agya/ ɛna nua/ ɔba	YAAH AY-JAH/ EH-NAH NWEE-YAH/ OH-BAH
	What's your name?	wo din de sɛn?	WHOA DEEN DAY SANG
	My name is	me din de	MAY DEEN DAY



# Ashanti Twi Cont'd

What are you called	yɛfrɛ wo sɛn	YEH FRE WHOA SANG
I'm called	yɛfrɛ me	YEH FRE MAY
Where do you come from?	wofiri he	WHO FRI HE
I come from	mefiri	MI FRI
Where were you born?	ye woo wo he?	YEH WOOH WO HE
I was born or live in	yɛ woo me wo	YEH WOOH MI WO
Africa/ Black Nation	abibiman	ABI BI MINE
Please/ excuse me	mepa wo Kyɛw	ME POW CHOW
Thank you very much	meda ase p	MAY-DAAH SAY P
Repeat what you said	ka bio	KAH BEE-YO
Speak slowly	kasa brɛoo	KA SA BRE OH
Sitdown	tena ase	TEH NAH SIE
Stand	gyina	JI NAH
Help me	boa me	BWA MAY
No/ Yes	anne/ daabi	AN NIE/ DE BIE
Congratulation	mo	MOE
Good Job	woaye adee pa ara	WO YE ADIA PAH
Really/ Ok	saa/ yoo	SAAW/ YOH
Go/ Come	ko/ bra	KO/ BRA
How much is this?	wei yɛ sɛn	WEIGH YEH SANG
Reduce the price	te so	TAY SO
Teach/ Show me	kyerɛ me	CHER EH MAY
What does that mean?	skyerɛ sɛn?	EH CHER-EH SANG
Translate	kyerɛ __aseɛ	CHER-EH AH SEE-EH
I don't understand	mente aseɛ	MEN TEY AH SEE EH
I understand	mete aseɛ	ME THE AH SEE EH

Information for this Twi basic chart is provided by:  
 Obadele Kwame Kambon for Abibitumi Kasa Afrikan Language  
 Institute. [obadelekware@abibitumikasa.com](mailto:obadelekware@abibitumikasa.com) -  
[www.abibitumikasa.com](http://www.abibitumikasa.com)

You can learn to speak Twi fluently by signing up for classes  
 with this institute.



## AKAN NAME CHART

Day of the Week	Male Name	Female Name	Variants
<b>Monday</b>	Kwadwó	Adjwòà	Kodjò, Kojo (male) Adjua, Adjoa (female)
<b>Tuesday</b>	Kwabená	Ábena	Komlá, Koml, Kobina (male) Abenna, Araba, Abl (female)
<b>Wednesday</b>	Kwakú	Akúà	Koku, Kweku (male) Akú, Eku, Akuba (female)
<b>Thursday</b>	Yaw	Yaá	Yao, Yaba, (male) Ayawa (female)
<b>Friday</b>	Kofí	Afúa	Koffi, Fifi (male) Efia, Efua (female)
<b>Saturday</b>	Kwámè	Ámma	Kwami, Kom (male) Ame, Ama, (female)
<b>Sunday</b>	Kwasí	Akósua	Akwasi, Kosi (male) Akosi, Akosiwa (female)

# Naming Ceremony Certificates Male & Female

## CERTIFICATE F CONFIRMATION

*This certifies that The Rite of Den To was joined by Brother*

**BOMANI TYEHIMBA**

*In the Spirit of our Ancestors, In the name of Adwo: Fierce  
and Compassionate one Was given the Akan-Kra Den (Soul Name)*

**KWADWO (Kojo, Kodjo)**

Born on Monday, Calm/ Peaceful

*Given at Elmina, Ghana -West Africa*

*On November 5, 2016*



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Presented by IMAHKÛS Okofu

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Prepared by Bomani Tyehimba

## CERTIFICATE F CONFIRMATION

*This certifies that The Rite of Den To was joined by Sister*

**ROSEMARIE PARKE**

*In the Spirit of our Ancestors, In the name of Yaw: The Confrontational  
and Agressive one Was given the Akan-Kra Den (Soul Name)*

**YAA (Ayawa, Baaba, Yaaba, Aba)**

Born on Thursday, Strength / Power

*Given at Elmina, Ghana -West Africa*

*On November 5, 2016*



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Presented by IMAHKÛS Okofu

---

Prepared by Bomani Tyehimba





OSRAM NE NSOROMMA  
“ THE MOON AND THE STAR”  
SYMBOL OF LOVE , FAITH AND  
HARMONY

## LOVE & REVOLUTION

Love is so divine and you're more than just fine. Yes my Empress, lets build a strong black nation. My heart is yours in this revolution. Your sweetness brightens my day like the sun. You understand our work in this fight to see our people free from imperialism. Lets link up and bond to create a self sufficient and sustainable nation. Like Malcolm X said, "land is the basis of all economic security, land is essential to freedom, justice and equality, land is essential to true independence." Tropical Africa is calling us to rebuild our empire. My Queen lets return to our motherland and put in the work to strengthen our nation.

My love for you grows stronger everyday; lets make babies as we work towards nation building; the ultimate liberation. What a natural beauty; we are so fortunate and blessed that faith brought us together. Africa awaits all its Kings and Queens to reclaim their destiny. Yes it's time to repatriate to our kingdom to restore our glory. A lifetime of love and revolution; never brake or betray this bond. Making passionate love to you; creating new life to win the revolution for a strong black nation. Our future is Africa; our ancestor's energy wants us back where we belong. Lets make it happen.

Black men and Black women were meant to be together by divine faith. No need to go astray, it's a trap and a distraction. Let's stay together; as rough as it may get our energy is stronger than any force against us. Keep holding me down; I got your back. When this world is mine you'll be the Queen of the throne. You are unforgettable I never had a love like this before; lets keep building. My African Queen and Africa the black nation lets keep it strong; the journey of our destiny in love and revolution continues.

A Poem by Bomani Tyehimba  
Dedicated to the Black Woman and the Black Nation

## Keep It Strong (It's Nation Building Time)

Lets keep it strong Black family; no more waiting let the chains forever be broken. Lets raise our future with righteousness and the key tools to build and maintain our own nation. Too much talking, nation building deals with productive action & accountability. From Bomani to Bomani, Generations to Generations, the revolution will never die we multiply. This is our legacy and our chance, let's build our own EMPIRE filled with love & Revolution. It's time to break away from this madness. This system is like a contagious virus with a slow and painful death. Don't go down with the sinking ship. Africa is calling, so what's the wait? Research and you will find our future depends on the reconnection to our ancestral roots, it's in our DNA. This hostile environment was not meant for the survival of our race. We are tropical people whose destiny by divine order is to realign with our greatness. Join the movement its nation building time.

Race first is the answer to your questions. Don't get caught into the confusion & inclusions. This system wants us to have no identity of self. Funny how the momentum has shifted to corporate slavery controlled by high tech crooks that sucks us dry with scams. We are monopolized against our culture and forced to adopt a destructive way of life. Behind enemies lines we're trapped in a world of deception. The system hypnotized us with multiculturalism. Don't get lead to the slaughter, rise up Black family. How long shall we let them bleed us before we build our own self sufficient nation? Great nations keep it strong, lets make Africa a better place for our race. Black family stand up for your rights, lets create our own paradise. No more waiting its nation building time.

Lets keep it moving, Brothers we must plant seeds in mother earth and impregnate our black women with a race of revolutionary soldiers. You reap what you sow; lets raise our own nation with our full human rights to Self determination and Self Reliance. Organize our future minds to be free with the vision of our great ancestors from Multi Genius Imhotep, to Philosopher & Master Organizer Marcus Garvey of the U.N.I.A (Universal Negro Improvement Association). The world is yours; too long we have been sacrificed by others. No more shall we suffer this oppression. A new future awaits us; we just have to make the connection. We can create our own system of Co-operative economics like the Swahili philosophy and Kwanzaa principle Ujamaa. Black family lets keep it strong its nation building time.

Dedicated to the Brothers & Sisters of our Race. By Bomani Tyehimba

## Business & Investment Conference

*Africa Up* in conjunction with Africa for the Africans are hosting the Annual Diasporan-Africa Repatriation & Investment Conference. The purpose of this conference is trade and investment between Africans at home and abroad. Ultimately our commitment is to assist with the building of a strong Africa for the mutual benefit of all Africans.

The investment portion of our Ghana Tour will connect Africans in the Diaspora to areas of investments in Ghana. We want to form business partnerships with Africans on the Continent, and Repatriated Africans to build African Corporations. We have organized business people living in Ghana to conduct presentations during the Investment Conference, from 7-9 PM on July 15, 2024 at MJ Grand hotel in East Legon. This is all in the energy of giving you full clarity with support on living and doing business in Ghana/Africa. At the end of this conference we will have the opportunity to organize ourselves to form Business and Investments with others or ourselves. This will put Africans in the Diaspora, in a position to lay down the foundation for future endeavors.

Our goal with this group is to build Co-operative Enterprises or African Corporations to contribute to the development of Africa for the benefit of the masses of our people. We want to be pioneers in providing viable solutions for our own problems, no longer dependent upon other races or nations. We do not want to be indebted to anyone. We are excited about this mission as we move forward in the 21st century, We must work together in unity and in the spirit of cooperative economics. African-Americans have a combined annual income of over (\$700) billion. Now is the perfect time to invest it in a country like Ghana, which is blessed with an abundance of natural resources such as:

- ◆ Fertile Land, Gold Mining, Bauxite mining, Outsourcing & Technology, Tourism, Recycling, Infrastructure, and construction.
- ◆ A whole lot more ideas will come to life while you are travelling around the country.



Again, now is the time to bring your vision into reality and you must bear in mind that, team work will make the dream manifest.

**This conference is  
Organized / hosted  
by:  
Dahveed Jawara &  
Bomani Tyehimba**

***Africa for the Africans***  
***Tours & Investments***

**www.africafortheafricans.org**

**REPATRIATION AND BUSINESS CONFERENCE**  
**MONDAY - JULY 15, 2024**  
**AT MJ GRAND HOTEL IN EAST LEGON - ACCRA**  
**7:00 PM - 9:00 PM**  
**PROMOTING TRADE & INVESTMENT IN GHANA**

**Contacts: Dahveed Jawara: +233 244 214 680**  
**africaup@yahoo.com**  
**Bomani Tyehimba +1 404-931-9429**  
**afta2010@msn.com**

**OPPORTUNITIES IN AFRICA**





## INVESTMENTS

### Treasury Bills: One of the best Investments in Ghana

These are short-medium term investment instruments issued by the Government of Ghana and hence typically considered as risk-free investments. Treasury Bills usually have maturities of not more than one year while bonds have maturities between two and five years. Visit the Bank of Ghana website for more info. [www.bog.gov.gh](http://www.bog.gov.gh)

Issue Date From To	Tender	Security Type	Discount Rate	Interest Rate
01 Jul 2024	1909	364 DAY BILL	21.7453	27.7879
01 Jul 2024	1909	91 DAY BILL	23.4122	24.8677
01 Jul 2024	1909	182 DAY BILL	23.6340	26.8011
24 Jun 2024	1908	182 DAY BILL	23.6345	26.8017
24 Jun 2024	1908	364 DAY BILL	21.7452	27.7877
24 Jun 2024	1908	91 DAY BILL	23.4120	24.8675
17 Jun 2024	1907	364 DAY BILL	21.7648	27.8197
17 Jun 2024	1907	91 DAY BILL	23.4140	24.8698
17 Jun 2024	1907	182 DAY BILL	23.6562	26.8296
10 Jun 2024	1906	364 DAY BILL	21.8322	27.9299



The idea of establishing a Stock Exchange in Ghana lay on the drawing board for almost two decades prior to its implementation. In February 1989, the issue of establishing a stock exchange moved into a higher gear when a 10 - member National Committee, under the Chairmanship of Dr. G.K. Agama, then Governor of the Bank of Ghana, was set up by the Government.

There are several benefits to be derived from investing. The obvious benefit is the profits that accrue on an investment. For instance, when you invest in shares listed on the Ghana Stock Exchange, you can earn dividends and/or capital gains. Dividends are the portion of a company's profits that are distributed to all shareholders during a particular financial year after they have been recommended by the directors and approved by shareholders.

Capital gains refer to the difference in the price at which an investor buys shares and the price at which he sells them.

## GHANA INVESTMENT OPPORTUNITIES

Did you know that Africa currently has markets which are safe and inexpensive to trade in? Did you also know that Ghana is a top selling market now serving as the Gateway to other parts of West Africa?

The relocation of the regional headquarters of Barclays and Standard Chartered Banks to Accra, Ghana, demonstrates the confidence of the international financial system in the Ghanaian market. Apart from providing political leadership in the West African sub-region, Business in Ghana is upbeat. Ghana's natural endowment is phenomenal, providing basic raw materials for industry. At present, Ghana provides one of the best investment environments, with long tax holidays, duty free entitlements, immigrant's quota, low capital requirement and free transferability of profits, dividends and related income.

Investors are invited to explore the possibility of investing in some of the agricultural and other business activities.



### Steps to Starting a Business in Ghana

- 1) Acquire a Tax Identification Number
- 2) Check for availability of company name and submit company documents to obtain a incorporation certificate
- 3) Company regulations (four copies)
- 4) A Commissioner of Oaths authenticates forms required for the certificate to commence business
- 5) Tax identification number form (one copy)
- 6) Obtain from the Registrar-General's Department the certificate to commence business
- 7) Deposit paid-in capital in an account
- 8) Apply for business licenses at the Metropolitan Authority
- 9) Inspection of work premises by the Metropolitan Authority
- 10) Apply for social security

**Find out more about investment opportunities in Ghana by  
visiting the Ghana Investment Promotion Centre  
[www.gipcghana.com](http://www.gipcghana.com)**

## **Africa: The Final Frontier for Savvy Investors**

Economic growth in Africa is set to reach over 6%, the highest in 25 years, according to the African Development Bank. This indicator showcases the bright future of the economies in various African nations. One of the main services Africa for the Africans provides is linking Africans in the Diaspora with local African nationals to facilitate business development in several fast growing emerging economies across the continent. In doing this, we aim to circumvent the exploitative practices that many foreign, multi-national investors have used in the past to create personal and corporate wealth while ignoring the long term effects on local communities. You can be assured that all of the investment opportunities facilitated through Africa for the Africans will be mutually beneficial to all those involved, including our most important client, local African communities.

Some of the areas that our investment strategies focus upon are:

1. Sustainable Living
2. Maintenance & Engineering Contracts
3. Textile & Apparel
4. Agriculture, Food & Beverages
5. Outsourcing
6. Technology & Business Services
7. Tourism & Hospitality Services
8. Recycling & Waste Management
9. Import & Export
10. Infrastructure & Construction
11. Treasury Bills & Stocks through the Banking Industry
12. Manufacturing & Distribution

We currently have several exciting opportunities that may be of interest to you. However, it is our policy not to make this information available to the public. If you would like more information, please complete our registration form and E-mail us so we can setup a one-on-one consultation (investment overview) with you.



For generations, descendants of Africans born in the Diaspora have longed for a place in their Ancestral Homeland-Africa, to which they could relocate and claim their historical **Right of Return**.

Benu Village is a work in progress that started off as merely a dream. Located on nine acres of land, that was just that. Untamed bush, with no electricity or running water in a remote area overlooked by neighboring regions. But the dream became a reality as thought became form. Hard work, sweat equity and focus has made what was once a mass of trees and bush, develop to become not only a tourist attraction, but a place that those in the diaspora who seek to connect back to Afrika, can call home.

1) Investment opportunities: we have seven full plots and three half plots available for those who are ready to build. Prices may vary and in some cases we are willing to barter. We encourage those of us in the diaspora to support a school, clinic, a family in need or whatever is their passion to support even if you don't plan on living in Africa as every little thing can help.

2) We do have B and B although we are building more accommodations we can accommodate about 10 people.

4) We have borehole water as wells, we have uninterrupted electricity and will be working on solar in the near future. The main town is walking distance which has a store and a clinic.

5) We plan to be 100% sustainable within the next 2-3 year's as well as having a school, resource center and library and entertainment stage up and running.

6) At the moment our village has 3 sources of water 1) bore hole 2) wells and 3) river running along the side of the land. We have electricity via a local company and are working on obtaining solar energy to have as a whole. (We do not get frequent power outages like other parts of Ghana we experience it maybe once every 3 month's or so).

**For more information visit their website: [benuvillage.wix.com/benu](http://benuvillage.wix.com/benu)**



# Black Star Repatriation & Pan-African Community



The Black Star Repatriation & Pan-African Community in Ghana is a 15 acres phase 1 plus 60 acres phase 2 future community in Gyaahadze, the Central Region of Ghana. At the foundation of this vision, is a group of committed African Diasporans with strong Pan-African energy who wish to build a practical example of our reconnection to the land of our ancestors. Our community vision, is one that searches for the redemption of our stolen African ancestors. From those who lost their lives and those who survived the African Holocaust during

the Trans-Atlantic European Slave Trade. This community will serve as a place where Africans can live in an African environment, or retreat to for a period of time. Our mission is to provide our community, with advanced strategies to satisfy today's demand in the areas of living, doing business, and investing in Africa. We are Africans who possess a wide range of skills and training, who are coming together to create a new kind of living experience on the land of our ancestors.

We see Africa as the only viable option for the future survival of African people. This position is supported by the world's dependency on the natural resources in Africa (which are currently being controlled by non-Africans), the treatment of Africans outside of Africa, and lastly by the call that Mother Africa has made to all her displaced children in the Diaspora to come home. The investment portion of this community is designed to bring about a self-sufficient Africa. Our method is to connect the skills, and resources of Africans in the Diaspora with projects, investment opportunities and like-minded brothers and sisters on the African continent.

This Community offers you the ability to custom build, buy, rent or lease homes in Ghana. You can visit or stay for some time in our community before you commit yourself to this important investment decision. This is vital, to ensure you know what you are committing to.



## Black Star Repatriation & Pan-African Community



We offer a full rites of passage for those who wish to integrate into Ghanaian society, including languages, culture and customs workshops. You will learn the history of West Africa and see the affects that the enslavement of African's, had on the Ghana we see today and the attempts being made to repair the damage. Our African ancestors who were victims of the European genocide, called commonly the Transatlantic European slave trade, demand justice for their suffering during the African holocaust. In search of redemption we have found paradise in the small country town of Gyaahadze. This is our opportunity to come together with like-minded Africans in the Diaspora who want to do something special. This community project is not to dictate or restrict anyone. We are here as a family to build the detail guidelines that is voted on by us as a community. We want everyone to feel free and feel that they are equally a part of the community like everyone else. Ultimately we must maintain order and be able to communicate with each other to discuss all things to operate organized. We are working on expanding our community with an additional 60 acres for residential and community development opportunities in phase 2 to total 75 acres. We are currently accepting reservations based on completing require documents along with Administration/ land deposit payment. For full details visit our website and click on the ink for Black Star Pan-African Community from the main menu.

**Visit our website [www.africafortheafricans.org](http://www.africafortheafricans.org)**  
**and e-mail us at [afta2010@msn.com](mailto:afta2010@msn.com) to get started**

# Black Star Repatriation & Pan-African Community



Site Map above is an overview of our projected layout for our future community for phase 1. The community will be built in 2 phases or more based on future demands. Phase 1 entails 60 plots on 15 acres. The residential & commercial plots on both phases are 80 ft x 100 ft lots for a total of 8,000 square feet per plot. We plan to use 10 remaining plots for a park, community center, business center, and security post.

Phase 2 will include 240 plots on 60 acres for residential and business projects. This will include 20 plots for farming, 120 plots for residential, 8 plots for Apartments/Condos, 30 plots for onsite commercial investment, 2 plots for a community store, 3 plots for a Medical Center, 4 plots for an Educational/Training Building, 3 plots for a Maintenance Facility, 10 acres for an additional park, community and business center.

Black Star Repatriation & Pan-African Community, in Central Region is located in the town Gyaahadze. It gives you access to a nice clean beach two miles from the property. It is two miles away from the city of Winneba, and about three miles away from the Accra/ Winneba Rd which takes you to Cape Coast to the left or Accra to the right. The community land is in the middle of Cape Coast and Accra. The land is 1.5 to 2 hours away from either city based on traffic.

**Google Maps:**

**GPS Land Location for our  
Black Star Pan-African  
Community in Gyaahadze,  
Central Region of Ghana.**

**5°23'50.2"N 0°35'15.8"W**

**<https://maps.app.goo.gl/XWFjFhDiShZ22Q5P7>**



**TREASURES IN HEAVEN**

**A Black Guide  
For Investing In**

**AFRICA**

**Pan-African Trade for the African World**



By Dahveed Jawara and Gavriel Attakora

This book is a publication that no potential investor of African descent wanting to invest in Africa, can afford to be without. That is because it happens to be one of the very few books in print that paints a clear picture of how it is on the ground, within this environment. It was written by Gavriel Attakora and Dahveed Jawara, two longtime residents of Africa, who are Diasporan Africans living in Ghana. This book is much needed because it offers a broad view of many of the critical factors one needs to be aware of traveling through this beautiful continent.

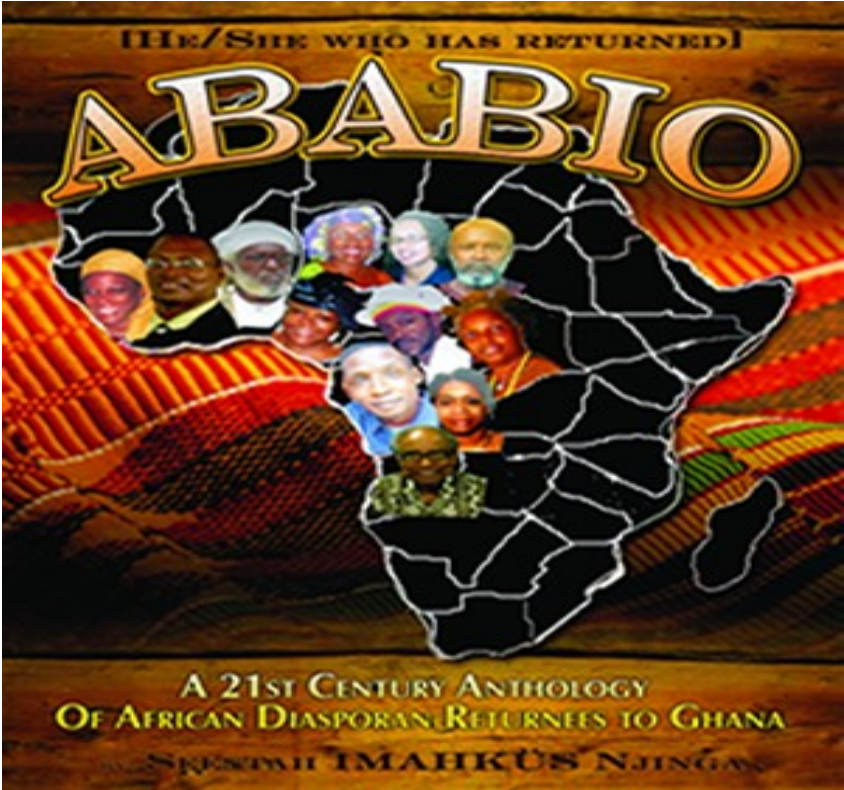
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## Recommended Reading

The return of thousands of African people born in the Diaspora as a result of the Trans Atlantic and Arab Slave Trades is history in the making. “Ababio” is a Ghanaian term meaning “he/she who was away and has returned.” “Ababio” is a 21st Century Anthology of African Diasporan returnees to Ghana and their experiences.



Seestah IMAHKÜS' books can be purchased when you get to One Africa Resort or from her New York office at (718-466-2406 or from her website [www.oneafricaghana.com](http://www.oneafricaghana.com). Contact her directly to schedule lectures and book signings in your city. Contact Info: Ghana Office (011 233-20-7501221 or 011-233-27-776-5768 E-mail: [oneafrica\\_ghana@yahoo.com](mailto:oneafrica_ghana@yahoo.com)

# **RETURNING HOME AIN'T EASY But It Sure Is A BLESSING!**



**Seestah IMAKHÜS**

To re-locate is not a simple matter. It requires a determination to succeed, a firm faith in God the Almighty, a willingness and patience to learn and re-learn. IMAKHÜS, a great achiever, has all these attributes and was lucky enough to have as her husband, Nana Okofo — an understanding and encouraging man. IMAKHÜS' wisdom, extreme sensibility, and her sense of humor have helped the "One Africa" couple to settle and make their home in Ghana. Her open-mindedness has accomplished this. This book can also help those who may choose to walk the path of "Return." IMAKHÜS' book should be read by even those who do not intend to relocate here because it is a book that imparts valuable information about Ghana, an African country, one to which many African-Americans repatriate.



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[www.africafortheafricans.org](http://www.africafortheafricans.org)

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South Africa Tour Dec 2023







### **CBPM Moto**

**"No other people should have more information on Black People, than the information that Black People have on ourselves"**

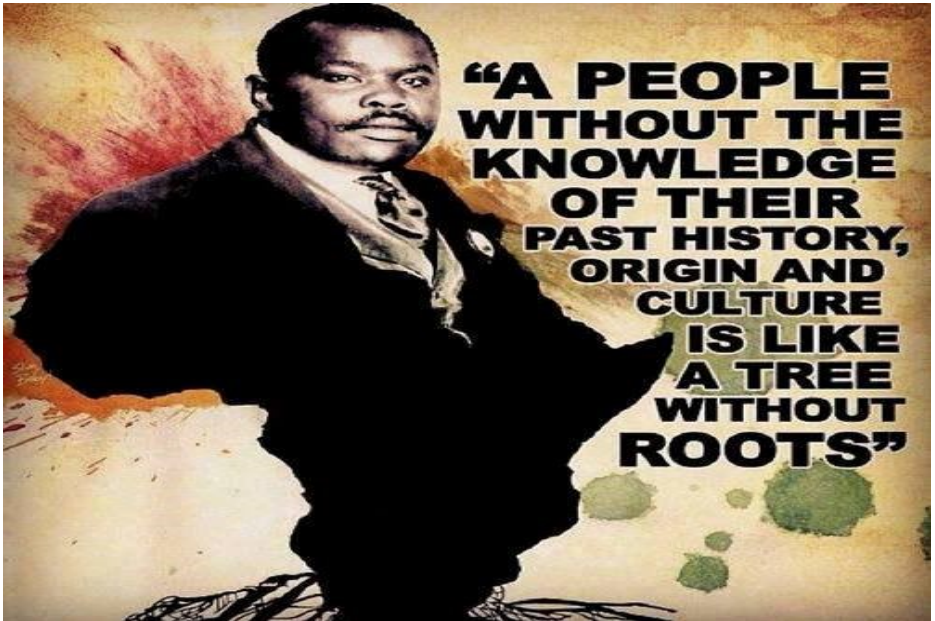
**The Mission:** of the Collective Black People Movement (CBPM) is to gather, document, and organize the Skills, Talents, and Intelligence (Education) of Black (African) People for the purpose of self-help and collective development.



Since the formation of the UNIA-ACL, there has been one straight and continuous legacy from 1914 to today, that has been led by men of great fortitude, dedication, foresight, vision, and steadfastness in their commitment to the African Race. The Right Excellent Marcus Mosiah Garvey taught the Course of African Philosophy to his four immediate successors. After these, five subsequent successors studied it and taught it. This line has been unbroken from then until today. They have, each in turn, put their own stamp on our government. We have been honored to have been guided by such great minds.



**“RETURN TO YOUR ROOTS & GET YOUR BLESSINGS”**  
**WWW.AFRICAFORTHEAFRICANS.ORG**



**THE JOURNEY OF A LIFETIME**

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**Official Pledge to the  
Red, Black, and Green Flag**

**I commit my Body, Mind and Spirit  
to the Protection, Defense and  
Security of the  
RED BLACK and GREEN  
I Dedicate My Life to the Redemption  
of Mother Africa and the Liberation of  
her scattered Black children**

**I Accept For Myself and My  
Descendants the Teachings of  
UNIVERSAL AFRICAN NATIONALISM  
and Promise that Our Children will be  
instilled with the Purpose and  
Knowledge**

**of Themselves as AFRICAN People  
in order that the Cause of Our  
Struggle  
will neither falter nor fail  
until all Black People are Free  
and United through**

**ONE GOD, ONE AIM, ONE DESTINY!**



The UNIA-ACL formally adopted the Flag on August 13, 1920 in Article 39 of the Declaration of Rights of the Negro Peoples of the World, during its month long convention at Madison Square Garden in New York City.



**Ghana Repatriation & Investment Tour**  
**July 11-23, 2024**  
**The Journey of a Lifetime Tour Book**

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**This Journey to the motherland is inspired by**  
**the vision of Marcus Garvey to reconnect the**  
**African Diaspora to the African Continent**

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# NOTES

# NOTES

# NOTES



**CELEBRATING 18 YEARS 2006 - 2024**



**THIS BOOK BELONGS TO:**

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